Colter K. Clayton

**Curriculum Vitae**

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###### EDUCATION

**Doctor of Philosophy in Psychology: Clinical** *August 2022 – Present (Expected Graduation 2028)*

**Minor in Interdisciplinary Applied Statistics**  *Oxford, MS*

*University of Mississippi*

Advisor: Aaron A. Lee, PhD

**Master of Arts in Psychology: Clinical** *August 2022 – Present (Expected Graduation 2025)*

*University of Mississippi Oxford, MS*

Advisor: Aaron A. Lee, PhD

**Bachelor of Science in Psychology** *December 2020*

**Minors in Family Life and Gerontology** *Provo, UT*

*Brigham Young University, Cum Laude*

Cumulative Undergraduate GPA: 3.92

Psychology GPA: 3.93

Last 60 Credit Hours: 4.0

Family Life GPA: 4.0

Gerontology GPA: 4.0

**Certificates**

Mental Health First Aid – Adult*August 2024*

National Council for Mental Wellbeing

Diversity and Inclusion Certificate Program*January 2022*

University of Pittsburgh: Office of Equity, Diversity, and Inclusion

Spanish Language Certificate: Advanced Level*April 2018*

Brigham Young University: Center for Language Studies

Advanced coursework in Language, Civilization, and Literature

American Council on the Teaching of Foreign Languages: Spanish *April 2018*

Oral Proficiency: Advanced

Writing Proficiency: Advanced

###### PEER-REVIEWED PUBLICATIONS

**Clayton, C. K.,** Loecher, N., & Webster, R. T. (2024). Vaping behavior among adolescent and young adult cancer survivors: A scoping review. *Pediatric Blood & Cancer*, e31367. Advance online publication. https://doi.org/10.1002/pbc.31367

Kollin, S. R., **Clayton, C. K.,** Green, V. A., & Lee, A. A. (2024). Emotion regulation among adults with asthma: Links with short-acting inhaler medication overuse and utilization of acute medical care. *Journal of Asthma*, 1–11. https://doi.org/10.1080/02770903.2024.2409997

**Clayton, C. K.,** & Clayton, B. (2024). Comparing perceived and actual diabetes knowledge among nurses: A rapid review. *International Diabetes Nursing*, *17*. https://doi.org/10.57177/idn.v17.334

Erekson, D. M., Larsen, R. A., **Clayton, C. K.,** Hamm, I., Hoskin, J. M., Morrison, S., Vogeler, H. A., Merrill, B. M., Griner, D., & Beecher, M. E. (2024). Is the measure good enough? Measurement invariance and validity of the Clance Imposter Phenomenon Scale in a university population. *Psychological Reports, 127*(4). <https://doi.org/10.1177/00332941221139991>

Allen, W. D., Carbine, K. A., **Clayton, C. K.,** LeCheminant, J. D., & Larson, M. J. (2023). Age-related differences in food-specific inhibitory control: Electrophysiological and behavioral evidence in healthy aging. *Appetite, 183*, 106478. https://doi.org/10.1016/j.appet.2023.106478

Reich, A. J., Claunch, K. D., Verdeja, M. A., Dungan, M. T., Anderson, S., **Clayton, C. K.,** Goates, M. C., & Thacker, E. L. (2020). What does "successful aging" mean to you? - Systematic review and cross-cultural comparison of lay perspectives of older adults in 13 countries, 2010-2020. *Journal of Cross-Cultural Gerontology*, *35*(4), 455–478. DOI: 10.1007/s10823-020-09416-6

###### CONFERENCE PRESENTATIONS - ORAL

**Clayton, C.K.,** & Lee., A.A. (2024, June 21-24). *Inaccurate and Unaware—Perceived and Objective Diabetes Knowledge among Adults with Type 2 Diabetes* [Conference session speaker]. Annual American Diabetes Association Scientific Sessions, Orlando, FL.

**Clayton, C.K.,** & Lee, A.A. (2023, September 27-29). *Make Me Know It – Depression and Diabetes Knowledge* [Data blitz]. Annual Convention of the Mississippi Psychological Association, Tupelo, MS.

###### CONFERENCE PRESENTATIONS - POSTER

**Clayton, C.K.,** & Lee, A.A. (2024, September 25-27).*Profiles of Depression and Worry in Adults with Diabetes*[Poster session]. Annual Convention of the Mississippi Psychological Association, Biloxi, MS.

**Clayton, C.K.,** Luff, B., Polk, J.D., & Lee., A.A. (2024, June 21-24). *The Moderating Role of Worry on the Relationship between Diabetes Knowledge and Self-Management Activities* [Poster session]. Annual American Diabetes Association Scientific Sessions, Orlando, FL.

**Clayton, C.K.,** Jones, A.M., Browne, E.K., Jones, S., Barnwell, E., Potter, B.S., Willard, V.W., Feibelman, S., Ness, K.K., & Webster, R.T. (2024, March 13-16). *Caregiver Health Behaviors, Childhood Cancer Survivors Dietary Intake, and the Moderating Role of Caregiver Emotional Health* [Poster session]. Annual conference of the Society of Behavioral Medicine, Philadelphia, PA.

Mundle, R., **Clayton, C.K.,** & Lee, A. (2024, March 13-16). *Evaluating the Non-linear Relationship between Diabetes Distress and Patient Activation in Adults with Type 2 Diabetes* [Poster session]. Annual conference of the Society of Behavioral Medicine, Philadelphia, PA.

**Clayton, C.K.,** Clayton, B., & Lee, A. A. (2023, April 13-15). *Know the Score - A Systematic Review of Nurses’ Perceived and Actual Knowledge of Diabetes* [Poster session]. Annual Convention of the National Student Nurses’ Association, Nashville, TN.

Polk, J.D., Arunachalam, A., Hutchison, A.C., Pitts, H., Ross, W., Ball, R.R., **Clayton, C.K.,** & Lee, A.A. (2023, April 14). *Diabetes Self-Care Activities - Associations of Diabetes-Related Distress, Stigma, and Social Support* [Poster session]. Annual University of Mississippi conference on Psychological Science, Oxford, MS.

**Clayton, C.K.,** Cressman, M., Brandaris, A., Channell, R.M., Bills, J., Jun, J.A., & Steffen, P.R. (2020, December 2-11). *Effects of Mindfulness and Biofeedback on Executive Function: A balance of sympathetic and parasympathetic activity* [Poster session – virtual]. Association for Applied Psychophysiology and Biofeedback.

**Clayton, C.K.,** Brown, H., Johnson, T. & Erekson, D.M. (2020, April 16-18). *Be Ye Therefore Perfect: Perfectionism and Imposter Syndrome at a Religious University* [Poster session]. Annual Rocky Mountain Psychological Association conference, Denver, CO. (Conference canceled).

Allen, W., **Clayton, C.K.,** LeCheminant J. & Larson, M.J. (2020, April 9). *Testing Food-Related Inhibitory Control, Behavioral and Neural Processing in Older Adults: A go/no-go ERP study* [Poster session]. Mary Lou Fulton Online Conference at BYU, Provo, UT.

**Clayton, C.K.** & Thacker, E.L., with supporting work from Reich, A.J., Claunch, K.D., Verdeja M.A., Dungan, M.T. & Anderson, S. (2020, February 7). *What Does “Successful Aging” Mean to You? – Systematic Review and Cross-National Comparison of Lay Perspectives of Older Adults in 12 Countries, 2010-2017* [Poster session]. The Annual Utah Conference on Undergraduate Research, Logan, UT.

**Clayton, C.K.** & Reschke, P.J. (2020, February 7). *Visual Scanning of Emotions in Context* [Poster session]. The Annual Utah Conference on Undergraduate Research, Logan, UT.

**Clayton, C.K.,** Bartlett, D. & Bills, J. (2020, January 25). *The Effects of Depression, Anxiety, and Stress on Heart Rate Variability During Self-Critical and Self-Compassionate Exercises* [Poster session]. The Idaho State University Annual Psi Chi Psychology conference, Pocatello, ID.

**Clayton, C.,** Cox., K. & Reschke, P.J. (2019, October 17-19). *The Multidimensionality of Infant Prosocial Behavior: An investigation of type, target, and emergence* [Poster session]. The Biannual Cognitive Development Society conference, Louisville, KY.

Reschke P.J., Walle, E.A., Dukes, D. & **Clayton, C.** (2019, October 17-19). *Was that Intentional? Infants use emotional communication to infer and re-enact other’s intended actions* [Poster session]. The Biannual Cognitive Development Society conference, Louisville, KY.

Reschke P.J., Cox, K., **Clayton, C.** & Erickson, J. (2019, July 10-13). *Helping Behavior Towards Strangers and Family Members in the Home: Evidence from two tasks* [Poster session]. The Biannual International Society for Research on Emotion conference, Amsterdam, Netherlands.

###### OTHER PRESENTATIONS - ORAL

**Clayton, C.K.** (2024, February 19). *Vaping Behavior Among Adolescent and Young Adult Cancer Survivors – A Scoping Review* [Invited speaker]. Psychology and Biobehavioral Sciences Seminar, St. Jude Children’s Research Hospital, Memphis, TN.

###### OTHER PRESENTATIONS - POSTER

**Clayton, C.K.,** Kepper, M.M., Graham, A.L., Ness, K.K., Hudson, M.M., Browne, E.K., Jones, A.M., Jurbergs, N., Fuemmeler, B.F., & Webster, R.T. (2024, March 25). *Vaping Behaviors and Barriers to Connecting AYA Survivors to Evidence-Based Cessation Programs* [Invited poster presenter]. Joint Meeting of the St. Jude Research Collaboratives, Memphis, TN.

###### RESEARCH EXPERIENCE

**Psychological and Social Influences of Chronic Health Conditions Lab** *August 2022- Present*

*University of Mississippi**– Part time*Oxford, MS

* Principle Investigator: Aaron A. Lee, Assistant Professor, Department of Psychology
* Recruited, consented, and ran participants through anthropometric data collection, 45-minute psychosocial survey battery, and 24-hour ambulatory blood pressure monitoring protocol: ABPM Project
* Directed and trained undergraduate research assistants in ABPM Project protocol, literature review protocol, and research dissemination
* Analyzed diabetes knowledge data and developed a measure of perceived diabetes knowledge

**William Magee Center for AOD and Wellness Education** *August 2024- Present*

*University of Mississippi**– Part time*Oxford, MS

* Principle Investigator: Nicholas W. McAfee, Director
* Developed novel procedures and survey to establish the new RebelADE protocol to assess alcohol and other substance use and provide resources to referred students
* Marketed the Center’s programs using a harm reduction approach to alcohol use

**St. Jude Children’s Research Hospital** *July 2023- June 2024*

*Psychology and Biobehavioral Sciences**– Part time*Memphis, TN

* Principle Investigator: Rachel T. Webster, Assistant Faculty, Psychology and Biobehavioral Sciences Department
* Led a scoping review of adolescent and young adult vaping behavior and outcomes
* Coded qualitative traumatic and stressful events using DSM-5 PTSD criteria and emergent themes
* Contributed to manuscript drafting of St. Jude LIFE (5U01CA195547-07) and HBTOP projects by writing, reviewing methodology, and leading data analyses

**Behavioral Neurophysiology Lab** *June 2021- August 2022*

*University of Pittsburgh**– Full time*Pittsburgh, PA

* Principle Investigator: Peter J. Gianaros, Professor, Department of Psychology
* Supervisors: Regina L. Leckie and Mark R. Scudder, Research Associates, Department of Psychology
* Neurobiology of Adult Health (NOAH) study, P01 Grant
* Directed participants through 3 and 7 Tesla MRI sessions and ensured reliable data collection
  + Collected consent, instructed protocol, administered cognitive measures and tasks: verbal fluency task, digital symbol substitution test, Stroop task, multi-source interference task, spatial recognition test
* Prepared T1-weighted images for data reduction by creating brain masks with ITK-SNAP
* Directed participants through physiological measures: electrocardiography, dual impedance cardiography, blood pressure, venous occlusion plethysmography, and a breathing pacer to collect heart rate and blood pressure variability data, and pulse wave velocity data
* Cleaned and scored physiological data in Mindware
  + Blood pressure variability, heart rate variability, and pulse wave velocity
* Co-created blood pressure variability scoring standardized protocol for NOAH and eBACH P01 studies
* Customized diagrams and figures for ECG placement and measurement instruction using BioRender

**Center for Emotion and Cognition** *December 2018- December 2020*

*Brigham Young University**– Part time*Provo, UT

* Principle Investigator: Peter J. Reschke; Assistant Professor, School of Family Life
* Increased lab advertisement and recruitment
* Ensured standardized study design as an actor for an infant emotion development study
* Coded verbal transcriptions of children and adults, in English and Spanish using Temi Transcriptions
* Aided a graduate student in demographic data analysis using SPSS
* Learned how to do a power analysis to determine desired number of participants for recruitment
* Trained and led teammates in coding and manipulation checks for data quality
* Assisted in pre-registering a study in the Open Science Framework (OSF)

**Clinical Cognitive Neuroscience and Neuropsychology Lab** *September 2019- April 2020*

*Brigham Young University**– Part time*Provo, UT

* Principle Investigator: Michael J. Larson; Professor, Psychology Department
* Recruited over 30 older adult participants for an electroencephalogram (EEG) gerontology study: physical and electronic advertisement within the university and older adult organizations in the locality
* Scheduled participants, ensured standardized protocol (consent, EEG net application, go/no-go tasks instructions), and administered compensation
* Learned standardized procedure for EEG net application and sanitization
* Supported analysis of EEG/ERP data and waveforms through NetStation EEG Acquisition, E-Prime and R programming

**Psychophysiology and Biofeedback: Stress Reduction Lab** *April 2019- December 2020*

*Brigham Young University – Part time*Provo, UT

* Principle Investigator: Patrick Steffen; Professor, Psychology Department
* Directed over 40 participants in a breathing instruction study employing various breathing methods to measure impact on HRV, stress, and mental performance
* Administered and scored the Paced Auditory Serial Addition Test (PASAT)
* Cleaned and organized data using Excel and Kubios – Heart Rate Variability data organization
* Created several research posters for conference presentation
* Facilitated literature reviews and the write-up of potential publications and a textbook

**Gerontological Research Lab** *October 2019- February 2020*

*Brigham Young University – Part time*Provo, UT

* Principle Investigator: Evan L. Thacker; Associate Professor, Public Health Department
* Systematized qualitative data and created tables of older adults’ lay perspectives of successful aging
* Contributed to writing the Results and Discussion sections of a published manuscript
* Collaborated with teammates who majored in Nursing, Exercise Science, and Public Health
* Revised the manuscript according to journal reviewers’ suggestions to refine the paper for publication

**Counseling and Psychological Services Research Lab** *November 2019- December 2020*

*Brigham Young University**– Part time*Provo, UT

* Principle Investigator: David M. Erekson; Assistant Clinical Professor, Psychology Department, Counseling and Psychological Services Center
* Contributed to the write-up of potential papers under the topics of psychotherapy, positive psychology, biofeedback, perfectionism, imposter syndrome, and religiosity
* Coordinated between our research lab and Intermountain Healthcare: Pain Clinic, researching the effectiveness of opioid education classes in reducing aberrancy
* Led an on-campus survey of 830 respondents, across all colleges and most departments, researching perfectionism, imposter syndrome, and religiosity
* Prepared data for analysis in Excel and SPSS for several potential manuscripts
* Initiated an archival data study of BYU’s counseling center to research client outcome in conjunction with biofeedback from years 2017-2019
* Constructed, with teammates, Institutional Review Board (IRB) proposals for two studies
* Created figures for potential manuscripts using the application Draw.io Diagrams

###### MENTORED AD HOC REVIEW

**Ad Hoc Reviews for Scholarly Journals**

Supervisor: Aaron A. Lee, Assistant Professor, Psychology Department

*Annals of Behavioral Medicine**August 2024*

* Assisted Dr. Lee in reviewing an article under review and constructed feedback for the publisher

*Patient Education and Counseling**December 2023*

* Assisted Dr. Lee in reviewing an article under review and constructed feedback for the publisher

*Psychology, Health and Medicine**December 2022*

* Assisted Dr. Lee in reviewing an article under review and constructed feedback for the publisher

*Canadian Journal of Diabetes**December 2022*

* Assisted Dr. Lee in reviewing an article under review and constructed feedback for the publisher

*Health Psychology**July 2022*

* Assisted Dr. Lee in reviewing an article under review and constructed feedback for the publisher

###### AD HOC REVIEW

**Ad Hoc Reviews for Scholarly Journals**

*Health Behavior Research**August 2024*

* Provided peer review for authors and editor publisher

###### GRADUATE TEACHING EXPERIENCE – Ole Miss

**Teaching Assistant: Psychology 311: Psychopathology – Integrative Approaches** *January 2023- May 2023*

* Supervisor: Dr. Sarah Bilsky, Associate Professor, Psychology Department
* Responsibilities: Graded homework and assignments

**Teaching Assistant: Psychology 341: Brain and Behavior** *January 2023- May 2023*

* Supervisor: Dr. Karen Sabol, Associate Professor, Psychology Department
* Responsibilities: Graded homework and assignments, tutored students during office hours

**Teaching Assistant: Psychology 321: Social Psychology** *August 2022- December 2022*

* Supervisor: Dr. Marilyn Mendolia, Associate Professor, Psychology Department
* Graded homework and assignments

###### UNDERGRADUATE TEACHING EXPERIENCE – BYU

**Teaching Assistant: Psychology 308: Psychological Statistics** *January 2018- April 2018*

* Supervisor: Dr. Bruce Brown, Professor, Psychology Department
* Responsibilities: Prepared and taught classroom lectures once a week with other teaching assistants, graded homework and exams, conducted exam review sessions and weekly tutoring hours

**Teaching Assistant: Psychology 341: Personality** *September 2020- December 2020*

* Supervisor: Dr. Patrick Steffen, Professor, Psychology Department
* Responsibilities: Graded digital discussions, originated sample test questions from the course textbook and exam study guides, taught exam review sessions

###### VOLUNTEER EXPERIENCE

**Habitat for Humanity of Greater Pittsburgh** *October 2021- July 2022*

* Supported community service projects such as constructing affordable housing for families in need

**Student Outreach Council** *February 2019- February 2020*

* Promoted BYU’s mental health resources by holding on-campus booths

**Y-Serve Experience** *January 2017- February 2020*

* **Conexiones:** Interpreted at local elementary schools’ parent teacher conferences by helping teachers communicate with Spanish-speaking only Latino parents

**Encircle: LGBTQ+ Family and Youth Resource Center: Volunteer Staff** *November 2019- January 2020*

* Volunteered in service projects within Encircle and other agencies such as crisis centers in the local community
* Advertised LGBTQ+ resources through local community advertisement

**Family Support and Treatment Center: Nursery Volunteer** *January 2019- April 2019*

* Guided play and activities for children 6 months to 10 years old while parents were in therapy sessions

**Utah State Hospital (Inpatient Psychiatric Facility): Volunteer Staff** *September 2018- December 2018*

* Volunteered with a group of middle-aged in-patient adults diagnosed with a variety of severe mental illnesses by participant in group engagements such as making crafts and playing card games

**Aspen Counseling Services: Outpatient Counseling Center** *April 2017*

* Participated in an intro to counseling centers
* Aided with office work, attended non-confidential meetings, and gained exposure to a counseling center

**Volunteer Representative** *December 2014- December 2016*

* Argentina, Santa Fe and Entre Rios provinces. About 90 hours per week. Taught English as a second language at meeting houses, compiled statistical information using Excel, participated in community service projects, trained new volunteers, and lead regional groups of volunteers
* Directed, for seven months, 110 to 150 other foreign volunteer representatives in the obtainment and maintenance of their proper legal status by securing residency visas and national identity documents with background checks through the provincial migration offices

###### RELEVANT WORK EXPERIENCE

**Maple Lake Academy Transition Home: Bridges** *August 2017- April 2018*

*Full-Time Residential Staff*

* Mentored boys 19-21 years old advancing from a fully structured treatment home environment to a semi-structure transition home with residents being able to have jobs in the local community and attend local colleges
* Supervised residents learning of basic skills to live on their own such as budgeting, public transportation usage, and job applications.
* Performed daily shift reports and participated in weekly staff meetings, and bimonthly company trainings

**Professional Sales Experience**

* Sales resume available upon request

###### HONORS AND AWARDS

**SUHBA Scholarship** *Fall 2017*

* $500 dollars toward tuition
* Brigham Young University, Provo, UT

**BYU Continuing Student Scholarship** *Fall 2018*

* Half tuition scholarship
* Brigham Young University, Provo, UT

**BYU Continuing Student Scholarship** *Fall 2019*

* Half tuition scholarship $500 dollars toward tuition
* Brigham Young University, Provo, UT

**SUHBA Scholarship** *Fall 2019*

* $500 dollars toward tuition
* Brigham Young University, Provo, UT

**School of Family Life Travel Reward** *October 2019*

* A grant given to a qualified Research Assistant in the School of Family Life
* $972 to go toward a research conference, membership, and travel

**Dean’s List – College of Family, Home, and Social Sciences** *Fall 2018*

* Top 5% of class with at least 14.0 credit hours

**BYU Continuing Student Scholarship**  *Winter 2020*

* Half tuition scholarship
* Brigham Young University, Provo, UT

**Dean’s List – College of Family, Home, and Social Sciences** *Winter 2020*

* Top 5% of class with at least 14.0 credit hours

**Psychology Department Travel Fund Reward** *February 2020*

* $500 to go toward a research conference, membership, and travel
* The Annual Meeting for the Association for Applied Psychophysiology and Biofeedback (In person conference cancelled)

**Dean’s List – College of Family, Home, and Social Sciences** *Fall 2019*

* Top 5% of class with at least 14.0 credit hours

**Mary Lou Fulton Undergraduate Conference** *April 2020*

* Poster won 1st place for gerontology: $300 reward
* Poster won 3rd place for psychology: $100 reward

**BYU Continuing Student Scholarship**  *Summer 2020*

* Half tuition scholarship
* Brigham Young University, Provo, UT

**BYU Continuing Student Scholarship** *Fall 2020*

* Full tuition scholarship
* Brigham Young University, Provo, UT

**SUHBA Scholarship** *Fall 2020*

* $500 dollars toward tuition
* Brigham Young University, Provo, UT

**SUHBA Scholarship** *Fall 2023*

* $500 dollars toward tuition or fees
* University of Mississippi, Oxford, MS

###### PROFESSIONAL AFFILIATIONS

**Member of Mississippi Psychological Association** *September 2023- Present*

**Member of Psi Chi International Honor Society** *December 2017- December 2021*

**Member of Cognitive Development Society** *August 2019- January 2020*

###### SOFTWARE PROFICIENCY

* SPSS, Excel
* Experience using R Programming, SAS Statistical software, MATLAB, E-Prime, NetStation EEG Acquisition, PsychoPI, JMP software, Kubios-HRV, BioLab: Mindware, ITK-SNAP, Qualtrics Survey Design, Temi-transcriptions,

###### CLINICAL EXPERIENCE

**Psychological Services Center** *May 2023- Present*

*University of Mississippi**– Part time*Oxford, MS

Supervisors: Aaron A. Lee, Laura J. Dixon, Kristin Austin. Core Clinical Faculty

* Conducted assessments
* Provided evidenced based out-patient therapy for individuals from the University and local community

**William Magee Center for AOD and Wellness Education** *August 2024- Present*

*University of Mississippi**– Part time*Oxford, MS

Supervisor: Nicholas W. McAfee, Student Wellness Center Director

* Directed weekly psychoeducation groups related to alcohol and other drug use for students sanctioned by the student conduct department
* Provided individual sessions for students related to substance use and mental health concerns using a motivational interviewing framework

**Additional Training**

Supervisor: Kristin Austin, Clinical Assistant Professor, Psychological Clinic Director

*University of Mississippi**August 2024- May 2025*

* Practiced motivational interviewing skills and received personalized feedback in small group format by Julie A. Schumacher-Coffey, Professor, University of Mississippi Medical Center

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###### RESEARCH REFERENCES

* Available upon request