**Negin Ghaffari**

**(818) 292-7426 • neging45@gmail.com**

**Education**

**Clinical Psychology – Ph.D.** ( Expected 2029)

University of Mississippi (Ole Miss)

**Psychological Sciences – M.A.** ( May 2024)

California State University San Bernardino (CSUSB)

**Psychology – B.A.** ( June 2020)

California State University Northridge (CSUN)

**Psychology – A.A.** (May 2018)

Los Angeles Valley College (LAVC)

**Certifications**

* Social and Behavioral Responsible Conduct of Research (2023) – CITI Program
* Health Insurance Portability and Accountability Act (2021) – HIPAA certification
* Registered Behavioral Therapist (2021) – BACB
* Cardiopulmonary Resuscitation (CPR) and First Aid (2022)

**Scholarship & Research**

**Grants**

Ghaffari, N. *Effects of Emotional Regulation and Social Support on Childhood Maltreatment and Food Addiction.* Thesis Funding. Student Success Initiative (SSI) Graduate Research Award, California State University, San Bernadino. Funded for $2,000 in Spring 2024.

Ghaffari, N. Salley- Casanova Pre-Doctoral Scholarship, California State University, San Bernadino. Funded for $5,000 in Fall 2023 for professional development and $14,000 for summer internship.

Ghaffari, N. Chancellor’s Doctoral Incentive Program, California State University. Funded for $25,000 in Fall 2024 for professional development.

**Awards**

Ghaffari, N. Outstanding Graduate Student Award in Social Behavioral College, California State University, San Bernadino.

**Manuscripts in Preparation**– draft available upon request

Ghaffari, N., Solis, D., Aguilera, B., & Hassija, C.M. (to be submitted in 2024). The Role of Coping Self-Efficacy in Mental Health Outcomes among Ethnically Diverse College Students.

**Other Publications**

Hassija C.M, & Ghaffari, N. (in press). *Attributional Style.* In Friedman-Wheeler, D.G. (Ed).The SAGE Encyclopedia of Mood and Anxiety Disorders. Thousand Oaks, CA: SAGE.

Ghaffari N., (2024) *The Role of Social Support and Emotion Regulation in Relationship with Adverse Childhood Experiences and Food Addiction.* Electronic Theses, Projects, and Dissertations. 1952.  
https://scholarworks.lib.csusb.edu/etd/1952

**Conference Presentation**

Clayton C., Mundle R., Ghaffari N., Lee A., (2024) *Effects of Positive and Negative Affect on Subjective Social Status Among North Mississippi Adults,* Poster presentation was presented on Sociaty of Southeastern Social Psychologist

Ghaffari N., Hassija C.M (2024) *Mediating Effect of Emotional Regulation on ACEs and Food addiction,* Paper presentation was presented on Western Psychological Association

Ghaffari N., Hassija C.M (2024) ***Proposed Study: Mediation Effect of Social Support and Emotional Regulation on Childhood Adversity and Food Addiction*,** Poster was presented at Association For Psychological Sciences

Ghaffari N., Hassija C.M (2024) *Resiliency Effects on Eating Habits and Adverse Childhood Experiences*, Oral presentation will be presented at the Annual Meeting of Minds, California State University, San Bernadino

Casaba K., Ghaffari N., (2024) *Developing and Validating the Student Happiness Scale: A Multidimensional Approach to Assessing Well-Being in College Students*, Poster was presented at the Annual Meeting of Minds, California State University, San Bernadino

Anjom A., Tao K., Trevino A., Ng W., Ghaffari N., Levenstein Y., Cabrera L., (2023, March) *Cultural (in)visibility & Painful Transitions: Diasporic Iranians' Negotiations for Survival in Therapeutic Spaces,* Oral presentation was presented at Association for Women Psychology

Ghaffari N., Hassija C.M, (2023, April) *The Role of Self-Efficacy in Mental Health Outcomes among Ethnically Diverse College Students During the COVID-19 Pandemic,* Poster was presented at Western Psychological Association

Ghaffari N., Mousavi Z., Restrepo N., Kuhlman K., (2022, May) *Giving Social Support Moderates the Association between Childhood Adversity and Proactive Aggression,* Poster was presented at Association For Psychological Sciences

Ghaffari N., Mousavi Z., Straka K., Kuhlman K., (2021, May) *Adolescents Have Higher Accuracy in Emotional Recognition Following Acute Psychosocial Stress,* Poster was presented at Association For Psychological Sciences

Straka K., Mousavi Z., Ghaffari N., Kuhlman K., (2021, May) *Psychosocial Stressor Impacts Emotion Recognition Among Adolescents Exposed to Early Life Adversity,* Oral presentation was presented at Association for Psychological Sciences

**Campus Presentation**

Rojas A., & Ghaffari N. (2019, November). *Function based prevention and treatment*. Poster presented at the annual Fresno Applied Behavior Analysis conference, California State University Fresno.

Montalvo M., Duncan T., Warner C., Ghaffari N., Jin S. & Fahmie T. ( 2020, March). *Screening and Intervening on the Early Emergence of Problem Behavior.*Poster presented at the annual CSUNPosium, California State University, Northridge

**Research Assistant** (Summer 2024)

PRIME Lab, Psychiatry Department, Yale University, New Haven , CT

* Managed and analyze data
* Conduct literature reviews
* Attend area seminars and other meetings as necessary
* Prepare findings for posters and publication and assist in laboratory analysis and data management
* Primary worked on project related to Psychosis symptomology and early life trauma

**Research Assistant II** (2022-2023)

Magdalena’s Daughters Research, Psychology Department, CSUSB, San Bernardino , CA

* Distributed surveys at group homes with foster youth
* Prepared repots summarizing quantitative data findings and recommendations
* Developed study protocols and study designs
* Use participatory research methods for data collection
* Conducted focus groups
* Managed and analyze data

**Research Assistant**  (2022-2024)

Trauma and Resilience Lab , Psychology Department, CSUSB, San Bernardino , CA

* Assist Dr. Hassija in research and creative activities for a designated research area
* Searching for and reviewing published literature on research topic
* Helping to develop a project methodology
* Attending team and project meetings
* Coded, entered, and verified self-report survey data
* Assisting with grant development
* Prepare findings for posters and publication and assist in laboratory analysis, quality control, and data management
* Collection of literature review and submission to SAGE Encyclopedia
* Prepare for proposing thesis project and data collection
* Mentored and supervised undergraduate research assistants

**Advisory Board Student Representative** (2023-2025)

**Research Ambassador** (2022-2024)

Office of Student Research, CSUSB, San Bernardino , CA

* Attend strategy meeting to ensure quality of provided services and brainstorming strategies
* Discuss career and educational goals with students related to research
* Connect students with resources, such as counsellors or tutors.
* Representing the office at research, recruiting and outreach events
* Give presentations to student organizations and classes into funding opportunities, finding advisors, writing personal statements and other research related discussions
* Provide assistance with Research week events
* Mentoring undergraduates in their academic career
* Attended and coordinate research competitions and events in campus
* Meet with other board members to discuss programming, events and other initiatives

**Bost-Baccalaureate Research Assistant** (2020-2022)

Teen Resilience, Psychology Department, UCI, Irvine, CA

* Conduct literature reviews
* Manage and respond to project related email
* Prepare, maintain and update website materials
* Attend area seminars and other meetings as necessary
* Prepare findings for posters and publication and assist in laboratory analysis, quality control, and data management

**Research Assistant** (2018-2020)

Functional Assessment of Healthy Behavior, Psychology Department, CSUN, Northridge, CA

* Collect direct observational data in preschool classrooms and assist in the implementation of behavioral screenings and preventive interventions.
* Prepare, manipulate and manage extensive databases.
* Provide assistance with the preparation of project- related reports, manuscripts, and presentations.
* Obtain informed consent of research subjects and/or their guardians.
* Verify the accuracy and validity of data entered in data bases; correct any error.
* Conduct internet-based and library research.
* Perform data entry and other clerical work as required for project completion.

**Survey Researcher** (2017)

Davis Research, Calabasas, CA

* Support and plan operations for single or multiple surveys.
* Review, classify, and record survey data in preparation for computer analysis.
* Conduct research to gather information about survey topics.

**Relevant Experience**

**Program Coordinator** (2021- 2022)

360 Behavior Respite in Action, Chatsworth, CA

* Assesses patients, evaluates effectiveness of care plan and progress made by client, participates in patient treatment planning and case review with patient care providers.
* Maintains and reports applicable statistics regarding programs and client services.
* Documents all client encounters and contracts made on behalf of clients; completes and submits billing documentation as appropriate
* Oversee daily operations of all programs, managing staff members, planning and tracking budgetary items, and evaluating activities for positive outcomes and legal compliance.
* Schedule program work, oversee daily operations, coordinate the activities of the program and set priorities for managing the program

**Behavioral Therapist** (2018-2020)

A Change in Trajectory, Van Nuys, CA

* Apply behavioral procedures with school-age children and adolescents and their families
* Establish and enforce rules for behavior and policies and procedures to maintain order among students.
* Teach socially acceptable behavior, employing techniques such as behavior modification and positive reinforcement.
* Modify the general education curriculum for special-needs students, based upon a variety of instructional techniques and technologies.
* Maintain accurate and complete student records, and prepare reports on children and activities, as required by laws, district policies, and administrative regulations.
* Meet with other professionals to discuss individual students' needs and progress.
* Teach personal development skills such as goal setting, independence, and self-advocacy.

**Coordinator** (2018-present)

**Youth Mentor** (2011-present)

Junior Youth Empowerment/ Ruhi Institute, Canoga Park, CA

* Train and accompany mentors for starting their own youth groups.
* Found respective populations within a neighborhood to expand the program.
* Research out to community based programs (e.g., Boys and Girls Club) and built proposal in order to create a partnership.
* Ensure the quality of all the groups and programs happening in the community.
* Make agenda for team meetings every week and schedule visits with the team.
* Plan and organize large summer/ winter camps for the younger and older youth.

**Teacher’s Aide / Afterschool Program** (Spring 2017)

James Jordan Middle School, Winnetka, CA

* Prepared after school enrichment activities for middle school children.
* Assisted children in reading, writing and math
* Planned field trips, activities and curriculum for kids.
* Enforced communication with parents on students behavior and performance
* Help teacher administer exams to ensure the kids are focused on their tasks
* Graded different school assignments and tests.

**Medical Assistant** (2014**-**2016)

The Retina Partners, Encino, CA

* Translate Faris/English between patients and medical personnel
* Record (mostly geriatric) patients’ medical history, vital statistics, and test results in medical records.
* Prepare treatment rooms for patient examinations, keeping the rooms neat and clean.
* Interview patients to obtain medical information and measure their vital signs, weight and height.
* Authorize drug refills and provide prescription information to pharmacies.
* Clean and sterilize instruments and dispose of contaminated supplies.
* Prepare and administer medications as directed by a physician.
* Show patients to examination rooms and prepare them for the physician.
* Explain treatment procedures, medications, diets or physicians instructions to patients.
* Help physicians examine and treat patients, handing them instruments or materials or performing such tasks as giving injections or removing sutures.
* Log inventory and order injectables per physicians instructions.

**Teaching Experience**

**Graduate Teaching Associate** (Fall 2023)

Psychology Department, CSUSB, San Bernadino, CA

* Taught *PSYCH 311: Research Methods* (In-Person course, *N* = 18)
* Created syllabi, lecture notes, readings list, activities, and assessment (e.g., grading rubrics)
* Gave lectures and led group discussions
* Held weekly office hours
* Graded assignments and exams
* Proctored exams

**Undergraduate Teaching Assistant**  (Spring 2020)

Sociology Department, CSUN, Northridge, CA

* Assisted with *SOC 497/L Qualitative and Quantitative Research Methods and Lab*
* Led group discussions, proctored exams, and graded papers
* Developed quizzes and uploaded files in Canvas (online course management system)
* Held office hours to answer students’ questions and assist with class research project

**Invited Lectures**

Ghaffari, N. (2023, August 3). *Childhood Adversity and Trauma Informed Community* [Workshop presentation]. Association in Bahai Studies. Atlanta, GA

**Other Experience**

**Photo-host** (2016-2017)

Inpostcard, Thousand Oaks, CA

* Take and edit pictures with company camera.
* Meet sales quota that needed to be met at every shift.
* Train and interview incoming photo-hosts.
* Maintain correct log of sales and money in the safe.
* Greet guests and hosts of the event with best quality customer services.

**Social Media Manager** (2014-2015)

V M, Simi Valley, CA

* Administrate the creation and publishing of relevant, original, high-quality content (for all channels and ads)
* Create a regular publishing schedule and promote content through social advertising.
* Integrate all channels of marketing (social media, search engine optimization, content marketing, email, print and digital marketing)

**Skills**

**Language:** Fluent in Farsi and English

**Research:** Qualtrics, Sona

**Statistics:** SPSS, RStudio Cloud

**Productivity:** Excel, Word, PowerPoint, Access, and Photoshop

**Course management**: Moodle and Canvas

**Service**

**Professional**

* Arab Middle Eastern African Psychology Association (2022 to present)

**Community**

* Los Angeles Mission (2013)
* Women’s Gathering ( 2022- present)
* Ghaffari N., & Yegan S. (2020, January). *Women in local community and international*. Workshop presentation at the Encino Baha’i Community Center. Encino, CA.

**University**

Baha’i Association of CSUN (2018-2020)

*President* (2018/2019)

Student Association for Behavioral Analysis (2019-2020)

CSUN- Women in Sciences (2018-2020)

**Honors**

Dean’s List (multiple semesters) – CSUN

Sally Casanova Pre-Doctoral Scholarship (2023)