

Patric J. Leukel

Clinical Psychology Doctoral Candidate
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 Oxford, MS 38655
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EDUCATION

- Ph.D. University of Mississippi (Oxford, MS)** Expected 2025
 Psychology (emphasis: Clinical Psychology) - APA Accredited
 Dissertation: *“Loneliness and Ambulatory Blood Pressure”*
 Advisor: Aaron Lee, Ph.D.
 GPA: 3.93
- M.A. University of Mississippi (Oxford, MS)** April 2021
 Psychology (emphasis: Clinical Psychology)
 Master’s Thesis: *“The Influence of Emotion Regulation and Family Involvement on Diabetes Distress among Adults with Type 2 Diabetes”*
 Advisor: Aaron Lee, Ph.D.
 GPA: 3.92
- B.S. Southern Utah University (Cedar City, UT)** July 2015
 Major in Psychology
 Major in Biology
 Minor in Chemistry
 GPA: 3.8, Summa Cum Laude

CLINICAL EXPERIENCE

- Opioid Replacement Therapist** 2021-2023
Willow Pain and Wellness Clinic, Oxford, Mississippi
 Provided individual psychotherapy (CBT, DBT skills) for adult patients undergoing opioid replacement therapy and who have co-occurring emotional concerns, substance use, and chronic pain at an outpatient medical pain clinic. Tracked patient progress with evidence-based self-report measures assessing pain, substance use, sleep, and emotional concerns.
 Supervisor: John Young, Ph.D.
- Graduate Clinician** 2022-2023
University of Mississippi Law School, Oxford, Mississippi
 Provided individual psychotherapy (CBT) for adult law school students suffering from a wide range of clinical presentations, including anxiety, mood, and trauma-related disorders. Conducted and attended outreach events, networked with students and staff, and promoted mental health among the student body.
 Supervisor: Todd Smitherman, Ph.D.

Co-Creator and Leader of Clinical Case Conceptualization Supervision Group 2022-2023
Psychological Services Center, University of Mississippi

Co-created and led a year-long supervision group for junior graduate-level clinicians to develop case conceptualization skills, improve therapy skills, and create effective evidence-based treatment plans. Leadership responsibilities included formulating group syllabus and topics, preparing didactics, providing feedback to junior clinicians, integrating feedback from clinical supervisor, modeling case conceptualization, engaging in role-play practices, reviewing video recordings and providing feedback, and peer case consultation.

Supervisor: Kristin Austin, Ph.D.

Graduate Clinician and Peer Supervisor August 2020–2023
Psychological Services Center, University of Mississippi

Completed intake assessments, developed treatment plans, provided individual evidence-based treatments, monitored treatment progress, and completed patient progress notes to an adult community sample with a focus on various psychiatric difficulties. Utilized evidence-based clinical interviews to conceptualize cases prior to conducting therapy. Provided peer supervision for second year students. Participated in weekly supervision.

Supervisors: Alan Gross, Ph.D.; Aaron Lee, Ph.D.; Laura Dixon, Ph.D.; Kristin Austin, Ph.D.

Graduate Therapist July 2021-June 2022

Communicare Community Mental Health Center, Water Valley, MS

Communicare Community Mental Health Center, Senatobia, MS

Conducted intake assessments, developed treatment plans, and provided individual sessions in a diverse and underserved area of Mississippi. Monitored treatment progress, collaborated with other health professionals, and completed paperwork required by the Department of Mental Health in Electronic Health Record. Referred and connected patients to community services. Provided information for billing activities and reviewed insurance statements to understand reimbursement.

Supervisor: Kerri McKnatt, M.Ed., NCC, LPC-S; Rochelle Reed, MSW, CMHT;

Eric Allen, M.A., CMHT

Mental Health Consultant 2021-2022
HeadStart Program, MS

Provided mental health consultation and behavioral interventions at several HeadStart centers, which prepares vulnerable young children, age birth to 5, to succeed in school and in life beyond school. Conducted functional assessments and discussed behavioral interventions with classroom teachers and parents.

Graduate Clinician July 2020-Present
North Mississippi Regional Center, Oxford, MS

Conducted functional, intellectual, and ability assessments, and evidence-based therapy for individuals with intellectual and developmental disabilities. Supported residents with daily acts of living. Provided feedback and behavioral intervention recommendations to caretakers and support staff.

Upward Bound Tutor/Supervisor Summer 2018*Southern Utah University, Cedar City, UT*

Tutored, monitored, mentored, and interacted with impoverished adolescent students with a Navajo background. Led daily tutoring sessions on German and English and lived among the students in order to provide guidance and encourage academic excellence. Worked closely with my supervisor to advocate for students and bridge the gap between student and professor. Provided weekly progress reports to professors and informed the director of the program about students' socialization and academic progress.

Support of Domestic Violence Victims 2018 – 2019*Canyon Creek Services Practicum*

Worked alongside staff at a shelter for victims of domestic violence and/or sexual abuse. Helped children with homework, supported emergency clients with basic requests, and fostered a safe and welcoming environment to habitants.

Clinical/Medical Observership Spring 2017*Cultural Immersion Practicum – Four Corners, NM*

Shadowed several physicians in four hospitals that served local Native American patients as part of the Rural Health Scholars Program. The majority of cases were patients with chronic pain, teenage pregnancies, and individuals with substance abuse.

Camp Kesem Counselor and Member of the Operations Committee 2015-2017*Camp Kesem, UT*

Provided a support network for children and adolescents who have had a family member affected by cancer. Created the schedule and organized the activities for the summer camps. Attended the camp as a counselor in the summers of 2016 and 2017 while in charge of the 15 to 17-year-old male campers.

Delete Blood Cancer Volunteer Fall 2015 & 2016*Delete Blood Cancer, Southern Utah University, UT*

Sought matching donors for blood cancer patients who were in need of a blood stem cell donation. Co-organized the blood drive at Southern Utah University. Assisted volunteers in filling out the required consent forms and swabbed their cheeks for a saliva sample in order to determine a potential match.

RESEARCH EXPERIENCE

Graduate Research Assistant 2019-Present

Supervisor: Aaron Lee, Ph.D.

*University of Mississippi***Psychological and Social Influences of Chronic Health Conditions (PSICH) Lab**

Areas of Research Involvement:

- Health behaviors
- Disease self-management
- Transdiagnostic vulnerabilities
- Psychosocial factors, including loneliness and social support
- Chronic medical conditions

Duties:

Developing study IRB protocols, peer-reviewing journal articles, conducting literature reviews, data collection, programming surveys in Qualtrics. First- and co-author on five peer-reviewed publications. Analyzing data using Statistical Package for the Social Sciences (SPSS) version 28. Providing mentorship to an undergraduate honors student including assistance with data analysis as well as with writing and editing drafts of honors thesis.

Research Lab Assistant

2017-2019

Supervisor: Bryan Koenig, Ph.D.

*Southern Utah University***Social and Evolutionary Psychology Lab**

Oversaw IRB applications, participated in preregistration, set up project in Open Science Framework (OSF), conducted literature review, and in-person data collection.

Research Lab Assistant

2018-2019

Supervisor: Daniel Hatch, Ph.D.

*Southern Utah University***Counseling, Clinical and Positive Psychology Lab**

Led in the development of projects, conducted literature review and data analysis.

PUBLICATIONS

Publications

Clark, H. L., Dixon, L. J., Ramachandran, S., **Leukel, P. J.**, & Lee, A. A. (2023). Psychometric Properties of the Short Scale Anxiety Sensitivity Index Among Adults with Chronic Respiratory Disease. *Journal of Clinical Psychology in Medical Settings*, 1-11.

Leukel, P. J., Kollin, S. R., Lewis, B. R., & Lee, A. A. (2022). The influence of emotion regulation and family involvement on diabetes distress among adults with type 2 diabetes. *Journal of Behavioral Medicine*, 45(6), 904-913.

Witcraft, S. M., Dixon, L. J., **Leukel, P. J.**, & Lee, A. A. (2021). Anxiety sensitivity and respiratory disease outcomes among individuals with chronic obstructive pulmonary disease. *General Hospital Psychiatry*, 69, 1-6.

Lee, A. A., Heisler, M., **Leukel, P. J.**, Mor, M., Obrosky, S., Rosland, A. M. (2020). Autonomy support from informal health supporters: Links with self-care activities, healthcare engagement, metabolic outcomes, and cardiac risk among patients with type 2 diabetes. *Journal of Behavioral Medicine*, 44, 241-252.

Manuscripts under Review

Leukel, P.J., Piette, J. D., & Lee, A. A. (2023). Impact of Loneliness and Social Support on Acute Health Service Use and Symptom Exacerbation among Adults with Asthma and COPD. *Journal of Clinical Psychology in Medical Settings*. Manuscript under review.

ORAL PRESENTATIONS

Leukel, P. J., Kollin, S. R., Lewis, B. R., & Lee, A. A. (2021, April 12-16). *Interpersonal Emotion Regulation, Family Involvement, & Diabetes Distress* [Virtual Conference Presentation]. 42nd Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Virtual Meeting.

Leukel, P. J., Lim, C., Lee, A. A. (2020, October). *The Influence of Emotion Regulation and Family Involvement on Diabetes Distress among Adults with Type 2 Diabetes* [Virtual Conference Presentation]. Mississippi Psychological Association Annual Conference, Virtual Meeting.

Lee, A. A., **Leukel, P. J.,** Lim, C., Rosland, A. M. (2020, October). *Autonomy support among patients with diabetes: Links with diabetes self-care activities, metabolic outcomes, and 5-year cardiac risk* [Virtual Conference Presentation]. Mississippi Psychological Association Annual Conference, Virtual Meeting.

POSTER PRESENTATIONS

Leukel, P. J., Rosland, A. M., Lee, A. A. (2020, April 1-4). *Examining differences in anxiety sensitivity and emotion regulation among adults with asthma and COPD* [Poster presentation]. 41st Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA, United States.

Lee, A. A., **Leukel, P. J.,** Rosland, A. M. (2020, April 1-4). *Emotion regulation and anxiety sensitivity among adults with asthma and COPD: Links with symptoms and acute medical service use* [Poster presentation]. 41st Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA, United States.

Lee, A. A., Heisler, M., **Leukel, P. J.,** Mor, M., Obrovsky, D. S., & Rosland, A. M. (2020, April 1-4). *Autonomy support among patients with diabetes: Links with diabetes self-care, metabolic outcomes, and 5-year cardiac risk* [Poster presentation]. 41st Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA, United States.

Leukel, P. J., Hatch, D. (2019, April 11-13). *The impact of religiosity and pornography addiction on shame, anxiety, and hope based on gender* [Poster presentation]. 89th Annual Meeting and Scientific Sessions of the Rocky Mountain Psychological Association, Denver, CO, United States.

- Leukel, P. J.,** Koenig, B. (2019, April 11-13). *Influence of cleanliness on moral judgements: A preregistered, direct replication of Schnall, Benton, and Harvey (2008)* [Poster presentation]. 89th Annual Meeting and Scientific Sessions of the Rocky Mountain Psychological Association, Denver, CO, United States.
- Leukel, P. J.,** Timmons, T., Grimes, M. (2019, April 11-13). *Alternate form of the subjective happiness scale* [Poster presentation]. 89th Annual Meeting and Scientific Sessions of the Rocky Mountain Psychological Association, Denver, CO, United States.
- Leukel, P. J.,** Ashworth, A., Hatch, D. (2019, April). *The impact of religiosity and pornography Addiction on Shame, Anxiety, and Hope based on Gender* [Poster presentation]. Festival of Excellence (FoE) annual conference, Cedar City, UT, United States.

INVITED TALKS

- Leukel, P.J.** (2023, March). “*Let’s Get Weird.*” Presented at Case Conference at the University of Mississippi, University, MS.

TEACHING EXPERIENCE

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| Graduate Instructor of Record
<i>University of Mississippi</i>
PSY 311 - Psychopathology
Created syllabus, lectures, quizzes, and exams for two sections of PSY 311 – Psychopathology with 100 students in each section. Provided clear and concise feedback on assignments and exams. Held office hours for students to receive individualized critical feedback in regard to performance. Recorded lecture videos highlighting important aspects of clinical presentations not explicitly covered by the textbook. | August 2023–Present |
| Graduate Teaching Assistant
<i>University of Mississippi</i>
PSY 202 – Statistics for Behavioral Sciences
Instructor: Nick Prins, Ph.D. | 2022-2023 |
| PSY 319 – Brain and Behavior
Instructor: Karen Sabol, Ph.D. | 2021-2022 |
| PSY 1010 – General Psychology
Instructor: Jennifer Caldwell, Ph.D. | 2019-2020 |
| Graduate Tutoring
<i>University of Mississippi</i>
PSY 202 – Statistics for Behavioral Sciences | 2022-2023 |

Undergraduate Teaching Assistant*Southern Utah University*

PSY 1100 – Lifespan Development

Instructor: Bryan Koenig, Ph.D.

Fall 2018

PSY 3410 – Research Design

Instructor: Bryan Koenig, Ph.D.

Fall 2018

HONORS/AWARDS

Graduate School Fellowship Recruiting Award

Fall 2019-2023

Academic Dean's List

Fall 2017

Steven & Pamela Crowther Scholarship

2015-2016

LICENSURE, CERTIFICATIONS, AND SEMINARS

Seminar on College Teaching

2023

Seminar instructed by Karen Kate Kellum, Ph.D. at the University of Mississippi

Multicultural Psychology

2022

Seminar instructed by Laura Johnson, Ph.D. at the University of Mississippi

Administration and Scoring of the Delis-Kaplan Executive Function System (D-KEFS)

2022

Workshop instructed by the Psychological Assessment Clinic at the University of Mississippi

Anxiety, Traumatic Stress, and Related Disorders

2021

Seminar instructed by Sarah Bilsky, Ph.D. at the University of Mississippi

Provisionally Certified Mental Health Therapist (PCMHT)

2021

Mississippi Department of Mental Health

Nonviolent Crisis Intervention

2021

Certified Through the Crisis Prevention Institute

Telepsychology Best Practices 101

2020

American Psychological Association

Personality Assessment

2020

Seminar instructed by Danielle Maack, Ph.D. at the University of Mississippi

Advanced Abnormal Psychology

2020

Seminar instructed by Alan Gross, Ph.D. at the University of Mississippi

Evidence-Based Services

2020

Seminar instructed by John Young, Ph.D. at the University of Mississippi

Cognitive Assessment 2019
Seminar instructed by Stefan Schulenberg, Ph.D. at the University of Mississippi

Graduate Assistant/Instructor Training 2019
Hosted by Center for Excellence in Teaching and Learning and the Graduate School

KEY COMPETENCIES/SKILLS

- Experienced in Administering/Interpreting Psychological Assessments including Wechsler Adult Intellectual Scale (WAIS-IV), Wechsler Individual Achievement Test (WIAT-IV), Reynold's Intellectual Assessment Scales (RIAS), Leiter International Performance Scale (Leiter-3), Stanford-Binet 5 (SB-5), Peabody Picture Vocabulary Test (PPVT-4), Wide Range Achievement Test (WRAT-4), Mini-International Neuropsychiatric Interview (MINI-5), Minnesota Multiphasic Personality Inventory-3 (MMPI-3), Montreal Cognitive Assessment (MoCA), Vineland Adaptive Behavior Scales-3 (VABS-3).
- Trained on the appropriate use of the SunTech Medical Oscar 2™ Ambulatory Blood Pressure Monitor to measure ambulatory blood pressure.
- Well versed in APA style protocols.
- Skillful user of **Statistical Package for the Social Sciences-Version 28 (SPSS-28)**
 - Utilizing Hayes' Process Modeling Software to analyze moderation and mediation.

PROFESSIONAL SERVICE

Ad Hoc Reviewer

- Health Psychology
- Behavioral Medicine
- Journal of Contextual Behavioral Science

PROFESSIONAL MEMBERSHIPS/ASSOCIATIONS

Mississippi Psychology Association (MPA), Student Member
American Psychological Association (APA), Student Affiliate Member
Society of Behavioral Medicine (SBM), Student Member
Psi Chi, Member

LANGUAGES

German: Native Language
English: Distinguished Listener, Distinguished Speaker, Distinguished Reading and Writing

OTHER

Citizenship in Germany and permanent residency in the United States of America

REFERENCES

Aaron Lee, Ph.D.
Assistant Professor of Psychology
Department of Psychology
The University of Mississippi
aalee2@olemiss.edu

John Young, Ph.D.
Professor of Psychology
Department of Psychology
The University of Mississippi
jnyoung1@olemiss.edu

Alan Gross, Ph.D.
Distinguished Professor of Psychology
Department of Psychology
The University of Mississippi
pygross@olemiss.edu