

# Aaron A. Lee, Ph.D.

## Curriculum Vitae

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### CURRENT POSITIONS

- 2019 – present**      **Assistant Professor**, Department of Psychology  
University of Mississippi, University, MS
- 2019 – present**      **Director**, Psychological and Social Influences of Chronic Health  
conditions (PSICH) Lab  
University of Mississippi, University, MS

### PROFESSIONAL LICENSURE

- 2021 – present**      Licensed Clinical Psychologist, Mississippi Psychology Board, #61 1093

### EDUCATION

- 2016 – 2019**      **Postdoctoral Fellowship**  
VA Center for Clinical Management Research and University of Michigan  
Center for Chronic Disease Management, Ann Arbor, MI  
Mentors: John Piette, Ph.D. & Ann-Marie Rosland, M.D., M.S.
- 2015 – 2016**      **Pre-doctoral Internship**  
University of Mississippi Medical Center/G.V. (Sonny) Montgomery VA  
Medical Center (APA accredited)  
Jackson, MS  
Research Preceptor: Jeanne Gabriele, Ph.D.
- 2012 – 2016**      **Doctor of Philosophy, Clinical Psychology**  
University of Wyoming (APA accredited), Laramie, WY  
Advisor: Christine McKibbin, Ph.D.
- 2010 – 2012**      **Master of Science, Clinical Psychology**  
University of Wyoming, Laramie, WY  
Advisor: Christine McKibbin, Ph.D.

**2003 – 2007**                      **Bachelor of Arts, Biology and Psychology**  
 Luther College, Decorah, IA  
 Honors: Member of Psi Chi, Cum Laude

### **PEER-REVIEWED PUBLICATIONS**

<sup>G</sup>Graduate student author, <sup>U</sup>Undergraduate student author

40. Rosland, A.M., Piette, J.D., Trivedi, R., **Lee, A.A.**, Zupa, A., Mor, M.K., Obrosky, D.S., Kerr, E.A., Heisler, M. (In press). Engaging family supporters to improve diabetes outcomes: Results of a randomized controlled trial. *JAMA Network Open*.
39. Tull, M.T., **Lee, A.A.**, Baer, M.M., Edmonds, K.A., Gratz, K.L. (In press). An experimental investigation of the affect regulating properties of sugary beverages: Examining the roles of social-oriented positive and negative affect. *Appetite*.
38. <sup>G</sup>Leukel, P.J., <sup>G</sup>Kollin, S.R., <sup>G</sup>Lewis, B.R., **Lee, A.A.** (In press). The role of interpersonal regulation of negative emotions and family involvement on diabetes distress among adults with type 2 diabetes. *Journal of Behavioral Medicine*. DOI: [10.1007/s10865-022-00351-0](https://doi.org/10.1007/s10865-022-00351-0)
37. Smith, C.V., **Lee, A.A.**, Haden, B.W., Ellison, P. (In press). Shared decision making and autonomy preferences of pediatric healthcare providers and parents of pediatric patients. *Family Systems & Health*. DOI: [10.1037/fsh0000704](https://doi.org/10.1037/fsh0000704)
36. Tugaut, B., Shah, S., Dolgin, K., Arnould, B., Laporte, M., **Lee, A.A.**, Nabec, L., Kyyali, R., Wells, J., Piette, J.D., Hubert, G. (2022). Development of the SPUR tool: A profiling instrument for patient treatment behavior. *6*(1). *Journal of Patient Reported Outcomes*. DOI: [10.1186/s41687-022-00470-x](https://doi.org/10.1186/s41687-022-00470-x)
35. De Bock, E., Dolgin, K., Arnould, B., Hubert, G., **Lee, A.A.**, Piette, J.D. (2022). The SPUR Adherence profiling tool: Preliminary results of the algorithm development. *Current Medical Research & Opinion*. *38*(2), 171-179. DOI: [10.1080/03007995.2021.2010437](https://doi.org/10.1080/03007995.2021.2010437)
34. Zupa, M.F., **Lee, A.A.**, Trivedi, R., Piette, J.D., Youk, A., Heisler, M., Rosland, A.M. (2022). Effect of a family support intervention for adults with type 2 diabetes mellitus on supporter roles and support quality. *37*(4), 761-768. *Journal of General Internal Medicine*. DOI: [10.1007/s11606-021-06946-8](https://doi.org/10.1007/s11606-021-06946-8)
33. Tull, M.T., Baer, M.M., Spitzen, T.L., **Lee, A.A.**, Vallender, E.J., Garrett, M.R., Anestis, M.D., Gratz, K.L. (2021). The effect of dispositional capability in suicide ideation and attempts among patients with borderline personality disorder: Examination of the COMT Val158Met polymorphism. *Psychiatry Research*. *302*, DOI: [10.1016/j.psychres.2021.114011](https://doi.org/10.1016/j.psychres.2021.114011)
32. **Lee, A.A.**, Sripada, R., Hale, A., Ganoczy, D., Trivedi, R., Arnow, B., Pfeiffer, P.N. (2021). Psychotherapy and depressive symptom trajectories among VA patients: Comparing the Dose-Effect and Good-Enough Level models. *Journal of Consulting and Clinical Psychology*. *89*(5), 379-392. DOI: [10.1037/ccp0000645](https://doi.org/10.1037/ccp0000645)

31. <sup>G</sup>Witcraft, S., Dixon, L.J., <sup>G</sup>Leukel, P.J., **Lee, A.A.** (2021). Anxiety sensitivity, symptom control, and health care utilization among individuals with COPD. *General Hospital Psychiatry*. 69, 1-9. DOI: [10.1016/j.genhosppsych.2020.12.004](https://doi.org/10.1016/j.genhosppsych.2020.12.004)
30. Young, J.N., Bhattacharya, K., Ramachandran, S., **Lee, A.A.**, Bentley, J. (2021). Rates of genetic testing in patients prescribed drugs with pharmacogenomic information in FDA-approved labeling. *The Pharmacogenomics Journal*. 21(3), 318-325. DOI: [10.1038/s41397-021-00211-1](https://doi.org/10.1038/s41397-021-00211-1)
29. **Lee, A.A.**, Heisler, M., Trivedi, R., <sup>G</sup>Leukel, P.J., Mor, M., Rosland, A.M. (2021). Autonomy support from informal health supporters: Links with self-care activities, patient engagement, and cardiometabolic outcomes among adults with type 2 diabetes. *Journal of Behavioral Medicine*, 44(2), 241-252. DOI: [10.1007/s10865-020-00196-5](https://doi.org/10.1007/s10865-020-00196-5)
28. Fields, B., **Lee, A.A.**, Piette, J.D., Mor, M., Heisler, M., Rosland, A.M. (2021). The relationship between adult and family supporter health literacy levels and supporter roles in diabetes management. *Family Systems & Health*. 39(2), 224-233. DOI: [10.1037/fsh0000503](https://doi.org/10.1037/fsh0000503)
27. **Lee, A.A.**, Heisler, M.E., Trivedi, R., Obrosky, D.S., Mor, M.K., Piette, J.D., Rosland, A.M. (2021). Diabetes distress among dyads of patients and their health supporters: Links with functional support, cardiometabolic outcomes, and cardiac risk. 55(10), 949-955. *Annals of Behavioral Medicine*. DOI: [10.1093/abm/kaa081](https://doi.org/10.1093/abm/kaa081)
26. Piette, J.D., Striplin, D., Fisher, L., Aikens, J.E., **Lee, A.A.**, Marinec, N., Mansabdar, M., Chen, J., Gregory, L.A., Kim, C.S. (2020). Impacts on 90-day acute-care use and self-care assistance of accessible health technology and caregiver support post-hospitalization: A randomized clinical trial. *American Journal of Medical Quality*. DOI: [10.1177/1062860620943673](https://doi.org/10.1177/1062860620943673)
25. Piette, J.D., Striplin, D., Fisher, L., Aikens, J.E., **Lee, A.A.**, Marinec, N., Mansabdar, M., Chen, J., Gregory, L., Kim, C. (2020). A randomized trial of accessible health technology and caregiver support post-hospitalization: Impacts on 30-day readmission risk. *The Joint Commission Journal on Quality and Patient Safety*. 46(2), 109-117. DOI: [10.1016/j.jcjq.2019.10.009](https://doi.org/10.1016/j.jcjq.2019.10.009)
24. **Lee, A.A.**, Aikens, J., Janevic, M.R., Rosland, A.M., Piette, J.D. (2019). Functional support and burden among out-of-home supporters of heart failure patients with and without depression. *Health Psychology*. 39(1), 29-36. DOI: [10.1037/hea0000802](https://doi.org/10.1037/hea0000802)
23. **Lee, A.A.**, Piette, J.D., Heisler, M., Janevic, M., Rosland, A.M. (2019). Diabetes self-management and glycemic control: The role of autonomy support from informal health supporters. *Health Psychology*, 38(2), 122-132. DOI: [10.1037/hea0000710](https://doi.org/10.1037/hea0000710)
22. Mayberry, L., Piette, J.D., **Lee, A.A.**, Aikens, J. (2019). Out-of-home informal support for medication adherence, diabetes distress, hemoglobin A1c among adults with type 2 diabetes. *Journal of Behavioral Medicine*, 42(3), 493-501. DOI: [10.1007/s10865-018-0002-0](https://doi.org/10.1007/s10865-018-0002-0)

21. McKibbin, C.L., **Lee, A.A.**, Glaser, D., Kanuch, S., Cassidy, K., Thomas, C., Gunzler, D., McCormick, R., Dawson, N.V., Sajatovic, M. (2019). Functional health status of adults with serious mental illness and diabetes mellitus: A latent profile analysis. *International Journal of Psychiatry in Medicine*, 54(1), 22-38. DOI: [10.1177/0091217418791437](https://doi.org/10.1177/0091217418791437)
20. **Lee, A.A.**, Piette, J.D., Heisler, M., Rosland, A.M. (2018). Diabetes distress and glycemic control: The buffering effect of autonomy support from important family and friends. *Diabetes Care*, 41(6), 1157-1163. DOI: [10.2337/dc17-2396](https://doi.org/10.2337/dc17-2396)
19. Tull, M.T., **Lee, A.A.**, Geers, A.L., Gratz, K.L. (2018). Exploring the role of sedentary behavior and physical activity in depression and anxiety symptom severity among patients with substance use disorder. *Mental Health and Physical Activity*, 14, 98-102. DOI: [10.1016/j.mhpa.2018.03.001](https://doi.org/10.1016/j.mhpa.2018.03.001)
18. Dixon, L. J., **Lee, A.A.**, Gratz, K. L., & Tull, M. T. (2018). Anxiety sensitivity and sleep disturbance: Investigating associations among patients with co-occurring anxiety and substance use disorders. *Journal of Anxiety Disorders*, 53, 9-15. DOI: [10.1016/j.janxdis.2017.10.009](https://doi.org/10.1016/j.janxdis.2017.10.009)
17. **Lee, A.A.**, Piette, J.D., Heisler, M., Janevic, M., Langa, K.M., Rosland, A.M. (2017). Family members' experiences supporting adults with chronic illness: A national survey. *Family, Systems, & Health*, 35(4), 463-473. DOI: [10.1037/fsh0000293](https://doi.org/10.1037/fsh0000293)
16. **Lee, A.A.**, Gabriele, J.M. (2017). Racial differences in the association of posttraumatic stress and insomnia with body mass index among Black and White trauma-exposed Veterans. *Behavioral Medicine*, 44(4), 263-270. DOI: [10.1080/08964289.2017.1292998](https://doi.org/10.1080/08964289.2017.1292998)
15. McKibbin, C.L., **Lee, A.A.**, Steinman, B.A., Carrico, C., Bourassa, K.A., & Slosser, A. (2016). Perceived health status and social networks as predictors of resilience in older adults residing in rural and remote environments. *Journal of Aging Research*, 1-8. DOI: [10.1155/2016/4305894](https://doi.org/10.1155/2016/4305894)
14. Bourassa, K.A., McKibbin, C.L., Bartholomew, L.K., Hartung, C.M., **Lee, A.A.**, Stevens, A.E., Buxton, Y.M., Slosser, & A.E., Kitchen-Andren, K.A. (2017). Barriers and facilitators of obesity management in families of youth with emotional and behavioral disorders. *Journal of Health Psychology*, 22(11), 1469-1479. DOI: [10.1177/1359105316630136](https://doi.org/10.1177/1359105316630136)
13. Wykes, T.L., McKibbin, C.L., **Lee, A.A.**, & Kitchen, K.A, Bourassa, K.A. (2017). Diabetes knowledge among adults with serious mental illness and comorbid diabetes mellitus. *Archives of Psychiatric Nursing*, 31(2), 190-196. DOI: [10.1016/j.apnu.2016.09.014](https://doi.org/10.1016/j.apnu.2016.09.014)
12. Dixon, L.J., Tull, M.T., **Lee, A.A.**, Kimbrell, N.A., & Gratz, K.L. (2016). The role of emotion-driven impulse control difficulties in the relation between social anxiety and aggression. *Journal of Clinical Psychology*, 73(6), 722-732. DOI: [10.1002/jclp.22372](https://doi.org/10.1002/jclp.22372)

11. Dixon, L.J., **Lee, A.A.**, Viana, A.G., McCowan, N.K., Brodell, R.T., & Tull, M.T. (2016). Anxiety sensitivity in dermatological patients. *Psychosomatics*, 57(5), 498-504. DOI: [10.1016/j.psym.2016.03.001](https://doi.org/10.1016/j.psym.2016.03.001)
10. Wykes, T.L., **Lee, A.A.**, McKibbin, C.L., & Laurent, S.M. (2016). Self-efficacy and A1C among adults with SMI and type-2 diabetes: The moderating role of cognitive function and psychiatric symptom severity. *Psychosomatic Medicine*, 78(3), 263-270. DOI: [10.1097/PSY.0000000000000295](https://doi.org/10.1097/PSY.0000000000000295)
9. **Lee, A.A.**, Farrell, N.R., Deacon, B.J., & McKibbin, C.L. (2016). Comparing treatment relevant etiological explanations for depression and social anxiety: Effects on self-stigmatizing attitudes. *Journal of Clinical and Social Psychology*, 35(7), 571-588. DOI: [10.1521/jscp.2016.35.7.571](https://doi.org/10.1521/jscp.2016.35.7.571)
8. Messler, E.C., **Lee, A.A.**, & Emery, N.N. (2016). The moderating role of parental monitoring and knowledge in the relationship between perceived parental approval of drinking and alcohol outcomes among college students. *Journal of Alcohol and Drug Education*, 60(3), 42-55.
7. Farrell, N.R., **Lee, A.A.**, & Deacon, B.J. (2015). Biological or psychological? Effects of eating disorder psychoeducation on self-blame and recovery expectations among symptomatic individuals. *Behavior Research and Therapy*, 74, 32-37. DOI: [10.1016/j.brat.2015.08.011](https://doi.org/10.1016/j.brat.2015.08.011)
6. Messler, E.C., **Lee, A.A.**, Quevillon, R.P., & Simons, R.M. (2015). Parents do matter, but why? Examining two mediators of the association between parental approval and negative consequences of college student alcohol use. *Journal of Substance Use*. 21(2), 179-184. DOI: [10.3109/14659891.2014.998731](https://doi.org/10.3109/14659891.2014.998731)
5. McKibbin, C.L., Kitchen-Andren, K.A., **Lee, A.A.**, Wykes, T.L., & Bourassa, K.A. (2014). Oral health in people with severe mental illness: Needs and perspectives on care. *Community Mental Health Journal*, 51(2), 222-228. DOI: [10.1007/s10597-014-9758-z](https://doi.org/10.1007/s10597-014-9758-z)
4. **Lee, A.A.**, McKibbin, C.L., Bourassa, K.A., Wykes, T.L., & Kitchen-Andren, K.A. (2014). Depression and diabetic complications: Effects on disability among persons with comorbid schizophrenia and type 2 diabetes. *Psychosomatics*, 55(4), 343-351. DOI: [10.1016/j.psym.2013.12.015](https://doi.org/10.1016/j.psym.2013.12.015)
3. McKibbin, C.L., Kitchen, K.A., Wykes, T.L., & **Lee, A.A.** (2014). Barriers and facilitators of a healthy lifestyle among persons with serious and persistent mental illness: Perspectives of community mental health providers. *Community Mental Health Journal*, 50(5), 566-576. DOI: [10.1007/s10597-013-9650-2](https://doi.org/10.1007/s10597-013-9650-2)
2. **Lee, A.A.**, Laurent, S.M., Wykes, T.L., Kitchen, K.A., Bourassa, K.A., & McKibbin, C.L. (2013). Genetic attributions and mental illness diagnosis: Effects on perceptions of danger,

social distance and real helping decisions. *Social Psychiatry and Psychiatric Epidemiology*, 49(5), 781-789. DOI: [10.1007/s00127-013-0764-1](https://doi.org/10.1007/s00127-013-0764-1)

1. Kitchen, K.A., McKibbin, C.L., Wykes, T.L., **Lee, A.A.**, Carrico, C.P., & Bourassa, K.A. (2013). Depression treatment among rural older adults: Preferences and factors influencing future service use. *Clinical Gerontologist*, 36(3), 241-259. DOI: [10.1080/07317115.2013.767872](https://doi.org/10.1080/07317115.2013.767872)

### **MANUSCRIPTS UNDER REVIEW**

1. <sup>G</sup>Schadegg, M., Dixon, L.J., **Lee, A.A.** (2022). Chronic Obstructive Pulmonary Diseases: The role of emotion regulation on continued smoking behavior. *Manuscript under review*.
2. <sup>G</sup>Kollin, S.R., Lim, C.S., **Lee, A.A.** (2022). The longitudinal influence of ADHD status and stimulant medication on Body Mass Index and blood pressure among youth with obesity. *Manuscript under review*.

### **MANUSCRIPTS IN PREPERATION**

1. <sup>G</sup>Clark, H., Dixon, L.J., <sup>G</sup>Leukel, P.J., **Lee, A.A.**, (2022). Validation of the Short Scale Anxiety Sensitivity Index (SSASI) among adults with Asthma and COPD. *Manuscript in preparation*.
2. <sup>G</sup>Leukel, P.J., <sup>U</sup>Green, V.G., <sup>G</sup>Kollin, S.R., **Lee, A.A.** (2022). Difficulties in emotion regulation among adults with asthma: Association with short-acting medication overuse and utilization of acute medical care. *Manuscript in preparation*.
3. **Lee, A.A.**, Zhang, Y., Dixon, L.J., Ramachadran, S. (2022). Comorbid PTSD, depression, and anxiety and risk of preventable hospitalizations among Medicaid-enrolled adults with type 2 diabetes. *Manuscript in preparation*.
4. <sup>U</sup>Camillo, K. Wellman, J., <sup>G</sup>Nesbitt, K.A. **Lee A.A.** (2022). Impacts of diabetes stigma on patient engagement and acute healthcare use among adults with type 2 diabetes. *Manuscript in preparation*.
5. <sup>G</sup>Kollin, S.R., Gratz, K.L., Tull, M.T., **Lee, A.A.**, (2022). Emotion dysregulation and self-management behaviors among adults with type 2 diabetes. *Manuscript in preparation*.

### **RESEARCH AWARDS**

Society of Behavioral Medicine, Multi-morbidities SIG: Outstanding Poster Award  
 Association of Behavioral and Cognitive Therapies, ADHD SIG: Exceptional Graduate Student Poster Award  
 University of Wyoming Dissertation Funding Award

Max Rardin Scholarship Award  
 University of Wyoming Psychology Department Research Funding Award  
 University of Wyoming Psychology Department Travel Awards x3

## **GRANTS**

### **Completed**

*Title:* Psychosocial predictors of disease self-management and acute care use among U.S. adults with chronic respiratory disease

*Role on Project:* Principal Investigator

*Funding Body:* Askwith Foundation

*Funding Support:* \$25,000

### **Under Review**

*Title:* Pilot Testing a Machine Learning Program to Evaluate Motivational Interviewing Behaviors among CarePartners of Adults with Type 2 Diabetes

*Funding Body:* Mississippi Center for Clinical Translational Research (MCCTR)  
 NIGMS Networks for Clinical and Translational Research (IDeA-CTR) U54

*Role on Project:* Principal Investigator

*Funding Support:* \$36,000

### **Submitted**

*Title:* Development of the Building Autonomy Support in CarePartners of adults with type 2 diabetes (BASIC) program

*Funding Body:* Mississippi Center for Clinical Translational Research (MCCTR)  
 NIGMS Networks for Clinical and Translational Research (IDeA-CTR) U54

*Role on Project:* Principal Investigator

*Funding Support:* \$40,000

*Title:* “Step-Up” study: A Health Belief Model based intervention to increase physical activity in adults with normal weight obesity.

*Role on Project:* Co-Investigator

*Funding Body:* University of Mississippi School of Applied Sciences Research and Community Engagement Investment Program

*Funding Support:* \$10,000

## **INTERNATIONAL & NATIONAL CONFERENCE TALKS & SYMPOSIA**

<sup>G</sup>Graduate student author, <sup>U</sup>Undergraduate student author

1. <sup>G</sup>Kollin, S.R., Lim, C.S., <sup>G</sup>Nesbitt, K.A., Lee, A.A. (2022, April). *The role of ADHD and stimulant medication use on longitudinal changes in body mass index among obese youth*. Paper to be presented at the 43<sup>rd</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Baltimore, MD.

2. **Lee, A.A.**, Zhang, Y. Ramachandran S. (2021, June). *Psychological comorbidities and racial/ethnic disparities in preventable hospitalizations among Medicaid-enrolled adults with type 2 diabetes*. Paper presented at American Diabetes Association's 81st Scientific Sessions, Virtual Meeting.
3. **Lee, A.A.**, <sup>G</sup>Leukel, P.J., <sup>G</sup>Lewis, B.R., <sup>G</sup>Kollin, S.R. (2021, April). *Cognitive vulnerabilities associated with diabetes related distress among adults with type 2 diabetes*. Paper to be presented at the 42<sup>nd</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Virtual Meeting.
4. Rosland A.M., Piette J.D., Trivedi R., **Lee A.A.**, Zupa M.F., Stoll S., Mor M.K., Obrosky D.S., Lovelace E.Z., Kerr E.A., Heisler M. (2021, April). *Engaging family supporters to improve diabetes outcomes: A randomized controlled trial*. Paper presented at the 42<sup>nd</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Virtual Meeting.
5. Dolgin, K., de Bock, E., Moreau, G., Piette, J., Arnould, B., **Lee, A.A.** (2021, February). *Profiling Patient Treatment Behavior to Improve Adherence: SPUR Tool-The Algorithm Development (Preliminary Results)*. Paper presented at the 24<sup>th</sup> Annual Meeting the International Society for Medication Adherence, Virtual Meeting.
6. **Lee. A.A.**, <sup>G</sup>Leukel, P.J., Dixon, L.J., Rosland, A.M. Emotion regulation among adults with asthma: Association with symptom control, rescue inhaler overuse, and acute healthcare utilization (2020, November). In L.J. Dixon (Chair) *Extending the Impact of Cognitive and Behavioral Therapies through the Integration of Health Outcomes: A Closer Look at Emotion Regulation Processes*. Symposium presented at the 54<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
7. Gratz, K.L., **Lee, A.A.**, Edmonds, K., Baer, M., Tull., M.T. (2020, April). *The influence of social rejection on responses to an analogue addictive behaviors paradigm among young adults with BPD pathology*. Paper presented at the 2020 North American Society for the Study of Personality Disorders Annual Conference. Pittsburgh, PA.
8. **Lee, A.A.**, Aikens, J.E., Rosland, A.M., Piette, J.D. (2018, April). *Do informal caregivers know when a patient is depressed? A study of patients with heart failure and their care partners*. Paper presented at the 39<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
9. **Lee, A.A.**, Piette, J.D., Rosland, A.M. (2018, April). *Diabetes distress and glycemic control: The direct and stress buffering effects of autonomy support from informal supporters*. Paper presented at the 39<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
10. Lee, A.A. Dixon, L.J, Tull, M.T., Anxiety sensitivity and insomnia among patients with PTSD and comorbid substance use. (2016, March). In L.J. Dixon (Chair), *Integrating health care: The evaluation and treatment of anxiety and depressive symptoms in novel patient*



*populations*. Symposium presented at the annual Anxiety and Depression Annual conference, Philadelphia, PA.

11. Farrell, N.R., **Lee, A.A.** Endorsing a biological versus cognitive-behavioral etiology of Social Anxiety Disorder: Effects on self-stigmatizing attitudes. (2016, October). In C. Chiupka (Chair), *Beyond the disease model: Contemporary research on understanding and combating mental illness stigma*. Symposium presented at the 50<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
12. **Lee, A.A.**, Farrell, N.F., Dixon L.J., McKibbin C.M., & Deacon, B.J. Comparing the impact of biological and cognitive-behavioral causal explanations for depression and social anxiety: Effects on prognostic expectations and self-stigma. (2015, November). In N.R. Farrell (Chair), *The effects of biomedical disease models of mental disorders on CBT-relevant treatment variables*. Symposium presented at the 49<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

### **REGIONAL CONFERENCE TALKS & SYMPOSIA**

**Lee, A.A.**, <sup>G</sup>Leukel, P.J., Lim, C., Rosland, A.M. (2020, October). Autonomy support among patients with diabetes: Links with diabetes self-care activities, metabolic outcomes, and 5-year cardiac risk. In C. Lim (Chair), *Psychological Functioning, Health Behaviors, and Cardiometabolic Outcomes: Research Findings from Across the Lifespan*. Symposium presented at the Mississippi Psychological Association Annual Conference, Virtual Meeting.

<sup>G</sup>Leukel, P.J., Lim, C., **Lee, A.A.** (2020, October). The Influence of Emotion Regulation and Family Involvement on Diabetes Distress among Adults with Type 2 Diabetes. In C. Lim (Chair), *Psychological Functioning, Health Behaviors, and Cardiometabolic Outcomes: Research Findings from Across the Lifespan*. Symposium presented at the Mississippi Psychological Association Annual Conference, Virtual Meeting.

Lim, C., **Lee, A.A.**, Morrow, A., Merrill, B., King, K., Sandridge, S. (2020, October). Prediabetes and Health Behaviors in Pediatric Obesity. In C. Lim (Chair), *Psychological Functioning, Health Behaviors, and Cardiometabolic Outcomes: Research Findings from Across the Lifespan*. Symposium presented at the Mississippi Psychological Association Annual Conference, Virtual Meeting.

### **INVITED TALKS**

**Lee, A.A.** (2018, October). *Chronic disease self-management and social support: Helping informal health supporters to be more helpful*. Department of Psychology, University of Toledo, Toledo, OH.

### **POSTER PRESENTATIONS**

<sup>G</sup>Graduate student author, <sup>U</sup>Undergraduate student author

1. <sup>U</sup>Hewes, J.G., & **Lee, A.A.** (2022, November). *Cognitive and affective transdiagnostic variables linked with COVID related anxiety*. Poster accepted at the 56<sup>th</sup> annual convention

of the Association for Behavioral and Cognitive Therapies Association of Behavioral and Cognitive Therapies. New York, NY.

2. <sup>U</sup>Hewes, J.G., <sup>U</sup>Camillo, K.L., & **Lee, A.A.** (2022, April). *Differences in COVID related anxiety between adults with and without type 2 diabetes*. Poster presented at University of Mississippi Conference on Psychological Science. Oxford, MS.
3. <sup>U</sup>Camillo, K.L., <sup>U</sup>Camillo, K.L., <sup>G</sup>Nesbitt, K.A., & **Lee, A.A.** (2022, April). *Impacts of diabetes stigma on acute healthcare engagement among adults with type 2 diabetes*. Poster presented at University of Mississippi Conference on Psychological Science. Oxford, MS.
4. <sup>U</sup>Harrison, M.E. <sup>U</sup>Maudlin, A., & **Lee, A.A.** (2022, April). *Difficulties with emotion regulation and insulin use among adults with type 2 diabetes*. Poster presented at University of Mississippi Conference on Psychological Science. Oxford, MS.
5. <sup>G</sup>Nesbitt, K.A., <sup>G</sup>Kollin, S.R., & **Lee, A.A.** (2022 April). *The effect of rumination on medication adherence in individuals with type 2 diabetes*. Poster presented at the 43rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Baltimore, MD.
6. <sup>G</sup>Nesbitt, K.A., <sup>U</sup>Camillo, K.L., & **Lee, A.A.** (2022 April). *The role of diabetes stigma on patient activation and healthcare utilization in individuals with type 2 diabetes*. Poster presented at the 43rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Baltimore, MD.
7. <sup>G</sup>Lewis, B.R., <sup>G</sup>Kollin, S.R., & **Lee, A.A.** (2021, June). *Are larger support networks more helpful or harmful for adults with type 2 diabetes?* Poster presented at the American Diabetes Association's Virtual 81st Scientific Sessions.
8. <sup>G</sup>Leukel, P.J., Lim, C.S., <sup>G</sup>Kollin, S.R., <sup>G</sup>Lewis, B.R., & **Lee, A.A.** (2021, April). *The influence of interpersonal emotion regulation and family involvement on diabetes distress among adults with type 2 diabetes*. Research spotlight presentation at the 42nd Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Virtual Conference.
9. <sup>G</sup>Kollin, S.R., <sup>G</sup>Leukel, P.J., <sup>G</sup>Lewis, B.R., **Lee, A.A.** (2021, April). *The effect of emotion regulation on medication adherence and self-care activities among adults with type 2 diabetes*. Research spotlight presented at the 42<sup>nd</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Virtual Conference
10. <sup>G</sup>Lewis, B.R., <sup>G</sup>Leukel, P.J., <sup>G</sup>Kollin, S.R., **Lee, A.A.** (2021, April). *Helpful vs. harmful family involvement and diabetes-related acute service use among adults with type 2 diabetes*. Accepted research spotlight presentation at the 42<sup>nd</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Virtual Conference.
11. Green, V.G., <sup>G</sup>Leukel, P.J., Lim, C., <sup>G</sup>Kollin, S.R., **Lee, A.A.** (2020, October). *Examining the relationship between difficulties in emotion regulation and short-acting inhaler medication*

*adherence in adults with asthma.* Poster presented at the Mississippi Psychological Association Annual Conference, Virtual Conference.

12. <sup>G</sup>Leukel, P.J., Lim, C., Rosland, A.M., **Lee, A.A.** (2020, October). *Comparing anxiety sensitivity and emotion regulation among adults with chronic respiratory conditions.* Poster presented at the Mississippi Psychological Association Annual Conference, Virtual Conference.
13. Rosland, A.M., Piette, J.D., Trivedi, R.B., **Lee, A.A.**, Stoll, S.C., Mor, M.K., Obrosky, D.S., Kerr, E.A., Heisler, M. (2020). *Engaging Family Supporters Improved Patient Activation among Adults with T2DM: An RCT.* Poster presented at American Diabetes Association 80<sup>th</sup> Scientific Sessions, Virtual Conference.
14. <sup>G</sup>Witcraft, S.M., Dixon, L.J., **Lee, A.A.** (2020, November). *Concerns about Physical Symptoms are Associated with Overuse of Health Care and Short-acting Medication Among Individuals with Asthma.* Poster accepted at the 54<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
15. **Lee, A.A.**, <sup>G</sup>Leukel, P.J., Rosland, A.M. (2020, April). *Emotion regulation and anxiety sensitivity among adults with asthma and COPD: Links with symptoms and acute medical service use.* Poster accepted at the 41<sup>st</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.
16. <sup>G</sup>Leukel, P.J., Rosland, A.M., **Lee, A.A.** (2020, April). *Examining differences in anxiety sensitivity and emotion regulation among adults with asthma and COPD.* Poster accepted at the 41<sup>st</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.
17. **Lee, A.A.**, Heisler, M., <sup>G</sup>Leukel, P.J., Mor, M., Obrosky, D.S., Rosland, A.M. (2020, April). *Autonomy support among patients with diabetes: Links with diabetes self-care, metabolic outcomes, and 5-year cardiac risk.* Poster accepted at the 41<sup>st</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.
18. Fields B, **Lee A.A.**, Piette J.D., Trivedi R.B., Obrosky D.S., Mor M.K., Heisler M., Rosland A.M. (2019, June). *Influence of patient health literacy on supporter roles in diabetes self-management.* Poster presented at the Academy Health 2019 Annual Research Meeting, Washington, D.C.
19. Stoll S.C., Piette J.D., Trivedi R.B., **Lee A.A.**, Obrosky D.S., Mor M.K., Heisler M., Rosland A.M. (2019, June). *Predictors of reach and patient engagement in a program involving family supporters of adults in phone-based diabetes management.* Poster presented at the 79<sup>th</sup> meeting of the American Diabetes Association National Conference, San Francisco, CA.
20. Fields B, **Lee A.A.**, Piette J.D., Trivedi R.B., Obrosky D.S., Mor M.K., Heisler M., Rosland A.M. (2019, June). *Influence of patient health literacy on supporter roles in diabetes self-*

*management*. Poster presented at the 79<sup>th</sup> meeting of the American Diabetes Association National Conference.

21. **Lee, A.A.**, Piette, J.D., Trivedi, R., Heisler, M., Fields, B. Rosland, A.M. (July, 2019). *Dyadic diabetes distress: Effects on functional support and glycemic control*. Poster presented at the Academy Health 2019 Annual Research Meeting, Washington, D.C.
22. Rosland, A.M., Piette, J., Trivedi, R., **Lee, A.A.**, Stoll, S., Obrosky, D.S., Mor, M. Heisler, M. (2019, March). *Engaging family supporters to improve diabetes outcomes: Supporter recruitment, baseline roles, and competing demands*. Poster presented at the 40<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, D.C.
23. **Lee, A.A.**, Piette, J.D., Trivedi, R., Heisler, M., Rosland, A.M. (2019, March). *Diabetes distress among informal supporters of adults with diabetes: Correlations with support roles and HbA<sub>1c</sub>*. Poster presented at the 40<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, D.C.
24. **Lee, A.A.**, Aikens, J.E., Rosland, A.M., Piette, J.D. (2018, April). *The effect of patient depression on care partners' helping and perceived strain among patients with congestive heart failure*. Poster presented at the 39<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
25. Mayberry, L.S., Piette, J.D., **Lee, A.A.**, Aikens, J.E. (2018, April). *Out-of-home support is important for medication adherence and psychological well-being among adults with type 2 diabetes*. Poster presented at the Society of General Internal Medicine Annual Meeting, Denver, CO.
26. **Lee, A.A.**, Gabriele, J.M., Rosland, A.M. (2016, October). *PTSD and overweight/obesity: What role does insomnia play?* Poster presented at the 50<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
27. **Lee, A.A.**, Lim, C.S., Sarver, D.E. (2016, October). *Health behaviors and hemoglobin A1c: The moderating role of ADHD in pediatric obesity*. Poster presented at the 50<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
28. **Lee, A.A.**, Gabriele, J.M. (2016, June). *Symptoms of PTSD, anxiety, and depression: Associations with hemoglobin A1C among veterans with type 2 diabetes or risk factors for type 2 diabetes*. Poster presented at the American Diabetes Association 76<sup>th</sup> Scientific Sessions, New Orleans, LA.
29. Slosser, A.E., Zander, L., **Lee, A.A.**, Carrico, C.P., McKibbin, C.L., (2015, November). *Perceived health status and social networks as predictors of resilience in rural older adults*. Poster presented at the 68th Annual Scientific Meeting of the Gerontological Society of America, Orlando, FL.

30. Bourassa, K.A., McKibbin C.L., **Lee, A.A.**, Hartung, C.M., & Prado, L. (2015, April) *Barriers and facilitators to healthy lifestyle in youth with serious emotional disturbance*. Poster presented at the 36<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Antonio, TX.
31. Strasbaugh, S.S., Richardson, K., **Lee, A.A.**, Farrell, N.R., & Kemp, J.J. (2014, March). *Is biology best? The effect of biological causal explanations for mental disorders on sufferers' self-stigma and prognostic expectations*. Poster presented at the Anxiety and Depression Conference, Chicago, IL.
32. Kemp, J.J., Farrell, N.R., & **Lee, A.A.** (2014, March). *The impact of a chemical imbalance causal explanation of depression on self-stigma, prognostic expectations, and treatment preferences among depressed individuals*. Poster presented at the Anxiety and Depression Conference, Chicago, IL.
33. Bachtelle, S.E., Allington, C.E., & **Lee, A.A.** (2013, November). *The effects of goal-orientation and reassurance seeking on depressed mood*. Poster presented at the 47<sup>th</sup> annual convention of the Association for Behavioral and Cognitive Therapists, Nashville, TN.
34. Bourassa, K.A., Kitchen-Andren, K.K., **Lee, A.A.**, & McKibbin, C.L. (2013, October). *Health promotion views and needs of families with a child experiencing serious emotional disturbance*. Poster presented at the Wyoming Psychological Association annual conference, Laramie, WY.
35. **Lee, A.A.**, McKibbin, C.L., Wykes, T.L., Kitchen, K.A., Glaser, D., & McConnell, K.A. (2013, November). *The effect of depression and diabetes complications on disability among adults with schizophrenia*. Poster presented at the 34<sup>th</sup> annual conventions of the Society of Behavioral Medicine, San Francisco, CA.
36. Wykes, T.L., Laurent, S.M., **Lee, A.A.**, Kitchen, K.A., McConnell, K.A., & McKibbin, C.L. (2013, March). *Psychiatric factors, self-efficacy, and glycemic control among adults with serious mental illness and type 2 diabetes*. Poster presented at the 34<sup>th</sup> Annual Conventions of the Society of Behavioral Medicine, San Francisco, CA.
37. Dobelmann, M.A., **Lee, A.A.**, Carrico, K.A., & McKibbin, C.L. (2013, March). *Resilience in older adults dwelling in rural Wyoming*. Symposium presented at the Rocky Mountain Psychological Association's Annual Meeting, Denver, CO.
38. Wykes, T.L., McKibbin, C.L., Kitchen, K.A., & **Lee, A.A.** (2012, April). *Diabetes knowledge among adults with serious mental illness and type 2 diabetes*. Poster presented at the 33<sup>rd</sup> Annual Convention of the Society of Behavioral Medicine, New Orleans, LA.
39. Kitchen, K. A., **Lee, A.A.**, & McKibbin, C.L. (2011, March). *Oral health in people with severe mental illness: Needs and perspectives on care*. Poster presented 32<sup>nd</sup> Annual Convention of the Society of Behavioral Medicine, Washington D.C.

40. Lee, A.A., Wykes, T.L., Flemming, D., & McKibbin, C.L. (2010, October). *Wyoming caring with confidence program: Impact on knowledge and confidence for managing behavioral disturbances in nursing home settings*. Poster presented at the Wyoming Psychological Association Annual Conference, Jackson, WY.
41. Thomas, M.R., Messler, E., Lee, A.A., & Quevillon, R. (2010, April). *Farm families in need: Understanding and measuring occupational stress in South Dakota farmers and ranchers*. Poster presented at Idea Fest and Graduate Forum, Vermillion, SD.

### **AD HOC PEER REVIEW ACTIVITIES**

*Journal of Clinical and Consulting Psychology*  
*Annals of Behavioral Medicine*  
*Behavioral Medicine*  
*Health Psychology*  
*Journal of Health Psychology*  
*British Journal of Health Psychology*  
*Psychology, Health, and Medicine*  
*Family, Systems, & Health*  
*Psychiatry Research*  
*Clinical Medicine Insights: Endocrinology and Diabetes*  
*Journal of Multidisciplinary Healthcare*  
*Sleep Medicine*  
*Health Equity*  
*Clinical Psychology Review*  
*Chronic Illness*  
*Journal of Nervous Disorders and Mental Disease*  
*American Journal of Osteopathic Medicine*  
*Children's Healthcare*  
*Stigma and Health*  
*Journal of Contextual and Behavioral Science*  
*Clinical Gerontologist*  
*Public Health Dentistry*  
*Aging and Mental Health*  
*PLOS One*  
*BMJ Open*  
*Western Journal of Nursing Research*  
*Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy*

### **ACADEMIC SERVICE**

<b>2019 – present</b>	Speaker Series Committee, Psychology Department, UM (Chair)
<b>2019 – present</b>	Research Day Committee, Psychology Department, UM
<b>2019 – present</b>	Active Minds Advisor, UM
<b>2014 – 2015</b>	Psychology Department Liaison: UW Mental Health Awareness Group
<b>2011 – 2012</b>	Graduate Student Representative to Wyoming Psychological Association

## **RESEARCH POSITIONS**

- 2016 – 2019** Postdoctoral Research Fellow  
VA Health Service Research and Development  
Supervisors: Ann-Marie Rosland M.D., M.S. and John Piette, Ph.D.  
Assisted in the development of an R01 grant submitted to NIDDK.  
Provided fidelity checks for delivery of a randomized clinical trial (VA HSR&D IIR14-074) evaluating a dyadic patient-care partner program to improve patient activation and decrease cardiac risk among Veterans with type 2 diabetes.
- 2012 – 2014** Graduate Research Assistant and Study Interventionist  
Funding support provided by NIH P20RR016474 and P20GM103432  
Principle Investigator: Christine McKibbin, Ph.D.  
Assisted in the delivery and assessment of a randomized control trial evaluating a community mental health based healthy lifestyle intervention program for adults with serious mental illness and comorbid type 2 diabetes.
- 2010 – 2011** Data Analysis and Management  
Wyoming Geriatric Education Center  
Supervisor: Christine McKibbin, Ph.D.  
Responsibilities included data analysis and program evaluation

## **TEACHING**

- 2019 – present** **Assistant Professor**  
Undergraduate Courses:  
PSY 303: Intermediate Statistics  
PSY 311: Abnormal Psychology  
PSY 410: Health Psychology  
Graduate Courses:  
PSY 701: Advanced Topics in Regression  
PSY 723: Clinical Practicum Team  
*Teaching evaluations available upon request*
- 2014** **Instructor of Record**  
Department of Psychology, University of Wyoming  
Undergraduate Course: Behavioral Research Methods  
*Teaching evaluations available upon request*
- 2012** **Graduate Lab Instructor and Teaching Assistant**  
Department of Psychology, University of Wyoming

Undergraduate Course: Physiological Psychology  
Instructor: Heidemarie Laurent, Ph.D.

- 2011**                    **Graduate Teaching Assistant**  
Undergraduate Course: Social Psychology  
Instructor: Benjamin Wilkowski, Ph.D.
- 2011**                    **Graduate Teaching Assistant**  
Undergraduate Course: Abnormal Psychology  
Instructor: Laura Dixon, M.S.
- 2010**                    **Graduate Teaching Assistant**  
Undergraduate Course: Behavioral Research Methods  
Instructor: Scott Freng, Ph.D.
- 2010**                    **Graduate Teaching Assistant**  
Undergraduate Course: Introduction to Psychology  
Instructor: Christine McKibbin, Ph.D.

### **GRADUATE STUDENT MENTEES**

- 2022 – present**            Colter K. Clayton, UM Clinical Psychology Doctoral Program
- 2021 – present**            Katherine A. Nesbitt, UM Clinical Psychology Doctoral Program
- 2020 – present**            Bianca R. Lewis, UM Clinical Psychology Doctoral Program, Southern  
Regional Education Board Scholarship Recipient
- 2020 – present**            Sophie R. Kollin, UM Clinical Psychology Doctoral Program
- 2019 – present**            Patric J. Leukel, UM Clinical Psychology Doctoral Program

### **DISSERTATION COMMITTEES**

- 2021 – 2022**    **Committee Member**  
Jeffery Pavlacic, UM Clinical Psychology Program  
*Assessing the effectiveness and utility of a mindfulness-based ecological  
momentary intervention in college students*
- 2020 – 2022**    **Committee Member**  
Ashley N. Polk, UM Clinical Psychology Program  
*Efficacy of acceptance-based interventions for migraine: A meta-analytic  
review*
- 2020 –2021**    **Committee Member**  
Sara M. Witcraft, UM Clinical Psychology Program  
*Do individuals with functional gastrointestinal symptoms experience emotions  
differently? An examination of emotional responding during a series of emotion  
induction tasks*



## **MASTER'S THESIS COMMITTEES**

- 2020 – 2021 Chair**  
 Patric J. Leukel, UM Clinical Psychology Program  
*The influence of emotion regulation and family involvement on diabetes distress among adults with type 2 diabetes*
- 2021 – 2021 Committee Member**  
 Elijah Mudryk, UM Clinical Psychology Program  
*Come as you are: Islamic religiousness as a context for mental illness beliefs and treatment*
- 2021 – 2022 Committee Member**  
 Lauren Thaxter, UM Clinical Psychology Program  
*COVID-19 and Headache-Related Disability*
- 2021 – 2022 Committee Member**  
 Halle McCrackin, UM Clinical Psychology Program  
*Headache and psychological variables as predictors of disability in individuals with primary headache disorders*
- 2022 – 2022 Chair**  
 Sophie R. Kollin, UM Clinical Psychology Program  
*The role of ADHD and stimulant medication use on longitudinal changes in body mass index and blood pressure among obese youth*
- 2022 – Chair**  
 Bianca Lewis, UM Clinical Psychology Program,  
*Trait forgiveness and trait anger: Links with 24-hour ambulatory blood pressure*

## **UNDERGRADUATE HONORS THESES MENTEES**

- 2019 – 2020** Victoria Green, Pharmacy Major  
*Examining the relationship between difficulties in emotion regulation and medication adherence in adults with asthma*
- 2020 – 2022** Anahita Behrouz, Chemistry Major, Psychology Minor  
*Emotion regulation among smokers and non-smokers with COPD*
- Kate Camillo, Biology Major, Psychology Minor  
*Diabetes related stigma, patient activation, and acute medical service use among adults with type 2 diabetes*
- Michael Raymond, Biology Major, Psychology Minor  
*Perceived threat as a mediator or comorbid risk factors and behavioral intentions for COVID-19 vaccination*

Jane Grayson Hewes, Psychology Major, Spanish Minor  
*COVID related anxiety among people with and without type 2 diabetes.*

### **UNDERGRADUATE HONORS THESES COMMITTEES**

**2021 – 2021** Benjamin Hardin

**2021 – 2021** Delora Denney

### **CLINICAL POSITIONS**

**2016 – 2019**

#### **Postdoctoral Therapist**

VA Ann Arbor Mental Health Outpatient Clinic

Supervisor: Rebecca Sripada, Ph.D.

Provided cognitive-behavioral treatment to Veterans mental health conditions including depression, anxiety disorders, insomnia, and PTSD. Provided supervised clinical supervision to VA Ann Arbor pre-doctoral clinical psychology interns.

**2015 – 2016**

#### **Predoctoral Intern**

G.V. (Sonny) Montgomery VA Medical Center

Supervisors: Jeanne Gabriele, Ph.D., Dan Williams, Ph.D., Kevin Connolly, Ph.D., Mirella Auchus, Ph.D., Kelly Buckholdt, Ph.D., Elizabeth Nosen, Ph.D., Patricia Grigoryev, Ph.D., Michael Ritter, Ph.D. and Andrew Voluse, Ph.D.

Rotations:

Evidence Based Psychotherapies – Behavioral Medicine Emphasis

Evidence Based Psychotherapies – PTSD & Depression Emphasis

Addictive Disorders Treatment Program

Trauma Recovery Program

**2014 – 2015**

#### **Graduate Clinic Director**

University of Wyoming Psychology Clinic

Supervisor: Cynthia Hartung, Ph.D.

Completed brief intakes for all clients presenting to the University of Wyoming Psychology Clinic. Assigned cases to appropriate clinic teams. Monitored the status of all wait-listed and active case files.

**2010 – 2015**

#### **Graduate Student Therapist**

University of Wyoming Psychology Clinic

Supervisors: Christine McKibbin, Ph.D., Brett Deacon, Ph.D., Matt Gray Ph.D., Carolyn Pepper, Ph.D., Cynthia Hartung, Ph.D.

Provided cognitive-behavioral therapies for a range of mental health conditions.

- 2013**                      **Psychology Trainee**  
 Rocky Mountain Behavioral Health Care  
 Supervisors: Kenneth Bell, Ph.D., Donald Benson, PsyD.  
 Completed neuropsychological and psychodiagnostic assessments for persons applying for social security disability
- 2012**                      **Psychology Trainee**  
 Cheyenne Veterans Affairs Medical Center  
 Supervisor: Tanya Tom, Ph.D.  
 Performed psychodiagnostic and neuropsychological evaluations for veterans with suspected traumatic brain injury, learning disabilities, and dementia.
- 2009 – 2010**            **Case Manager**  
 Lewis and Clark Behavioral Services  
 Supervisor: Karen Chesley, MSW  
 Managed a case load of adults with serious mental illness. Responsibilities included counseling clients and connecting clients with community services.

### **PROFESSIONAL AFFILIATIONS**

American Diabetes Association (ADA)  
 American Psychological Association (APA) Division 38: Health Psychology  
 Society of Behavioral Medicine (SBM)  
 Association for Behavioral and Cognitive Therapies (ABCT)  
 Association for Psychological Science (APS)  
 Anxiety and Depression Association of America (ADAA)

### **PROFESSIONAL TRAININGS ATTENDED**

Mississippi Center for Clinical and Translational Research (MCCTR) Community-Engaged Research Summer Institute (August 2020)

University of Michigan, Consulting for Statistics, Computing, & Analytics Research (CSCAR):  
 Structural Equation Modeling I: Graphical Models (January 2017)  
 Structural Equation Modeling II: Latent Variables (February 2017)  
 Introduction to Stata I (February 2017)  
 Introduction to Stata II (February 2017)  
 Fitting General Linear and Multilevel Models in SPSS (May 2017)  
 Dimension Reduction Techniques (June 2017)  
 Introduction to Survey Design (October 2017)  
 Issues in Analysis of Complex Sample Survey Data (November 2017)