

Updated September 8, 2022

**KATHERINE ANN NESBITT**

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**EDUCATION**

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**University of Mississippi – University, MS** August 2021 – present  
Clinical Psychology Doctoral Program  
Advisor: Aaron Lee, Ph.D.

**Baylor University – Waco, TX** August 2018 – May 2021  
Bachelor of Arts  
Major: Psychology  
GPA: 3.93/4.0, Major GPA: 3.97/4.0, *Magna Cum Laude*

**RESEARCH EXPERIENCE**

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**Psychosocial Influences of Chronic Health Lab – University, MS** August 2021 - Present  
University of Mississippi, Department of Psychology  
Graduate Research Assistant  
Supervisor: Aaron Lee, Ph.D.

- Assist with manuscript preparation
- Perform literature reviews
- Work with undergraduate students on poster preparation

**Warriors Research Institute – Waco, TX** September 2019 – May 2021  
Applied Research Intern  
Lead Intern (June 2020 – May 2021)  
Supervisor: Suzy Bird Gulliver, Ph.D.

- Transcribe participant interviews and focus group sessions
- Code, enter, and maintain data sets
- Assist research assistants with data collection
- Participate in manuscript writing and editing
- Update research library
- Write newsletters to send to previous study participants
- Participate in weekly research and project meetings
- Train new interns on ongoing lab tasks

- Deliver phone screenings for new participants
- Conduct the Adult Needs and Strengths Assessment (ANSA) with participants
- Send behavioral health assessments and follow up with participants about outstanding assessments

**Science of Virtues Laboratory – Waco, TX**

January 2020 – May 2021

Research Assistant

Supervisor: Sarah Schnitker, Ph.D.

- Manage database and survey distribution
- Collect and code data
- Work with the lab team to design and conceptualize new studies
- Conduct literature searches and reviews
- Present and lead discussions on scientific journal articles

**The Athena Project Research Laboratory – Memphis, TN**

May 2020 – August 2020

Research Assistant

Supervisor: J. Gayle Beck, Ph.D.

- Participated in data entry, cleaning, and analysis
- Conducted literature reviews on domestic violence in the LGBTQ+ community
- Assisted in testing and editing a codebook about experiences of emotional abuse
- Assisted in participant recruitment
- Contributed to weekly project meetings

**Graduate Student Research Assistant – Waco, TX**

January 2019 – May 2019

Research Assistant

Supervisor: Christine Limbers, Ph.D.

- Collect literature from library databases for dissertation proposal about children’s math anxiety

**PEER-REVIEWED MANUSCRIPTS**

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Pennington, M.L., Cardenas, M., **Nesbitt, K.A.**, Coe, E., Kimbrel, N.A., Zimering, R.T., & Gulliver, S.B. (2021). Career versus volunteer firefighters: Differences in perceived availability and barriers to behavioral health care. *Psychological Services*.

**MANUSCRIPTS IN-PREPERATION**

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Strack, J., Dupree, J., Cardenas, M., **Nesbitt, K.A.**, Pennington, M. L., & Gulliver, S.B. (2022). Mental Health Resources Available to US Firefighters. *Manuscript in preparation*.

**Nesbitt, K.A.**, Cardenas, M.N., Pennington, M.L., Coe, E., Zimering, R., Kamholtz, B., Gulliver, S.B. (2022). The interaction between religiosity, occupational stress, and post-traumatic growth in trauma-exposed firefighters. *Manuscript in preparation*.

## CONFERENCE TALKS

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Kollin, S.R., Lim, C.S., **Nesbitt, K.A.**, Lee, A.A. (2022, April). *The role of ADHD and stimulant medication use on longitudinal changes in body mass index among obese youth*. Paper presented at the 43<sup>rd</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Baltimore, MD.

## POSTER PRESENTATIONS

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11. **Nesbitt, K. A.**, Kollin, S. R., Lee, A. A. (2022 April). The Effect of Rumination on Medication Adherence in Individuals with Type 2 Diabetes. Poster presented at the 43rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Baltimore, MD.
10. **Nesbitt, K. A.**, \*Camillo, K. L., Lee, A. A. (2022 April). The Role of Diabetes Stigma on Patient Activation and Healthcare Utilization in Individuals with Type 2 Diabetes. Poster presented at the 43rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Baltimore, MD.
9. **Nesbitt, K.A.**, Cardenas, M. N., Pennington, M. L., Coe, E., Zimering, R., & Gulliver, S. B. (2021 April). *We are Family: Social Support as a Predictor of Resilience in Trauma-Exposed Firefighters*. Poster presented at the 37<sup>th</sup> annual meeting of the International Society of Traumatic Stress Studies.
8. **Nesbitt, K.A.**, Cardenas, M. N., Pennington, M. L., Coe, E., Zimering, R., & Gulliver, S. B. (2021, May). *Religiosity as a Predictor of Personal Strength and Perceiving New Possibilities Following Trauma Exposure*. Poster presented at Baylor Scott and White Scholars Day, Temple, TX.
7. **Nesbitt, K.A.**, Cardenas, M.N., Pennington, M.L., Coe, E., Zimering, R., & Gulliver, S.B. (2021, May). *Religiosity as a Predictor of Personal Strength and Perceiving New Possibilities Following Trauma Exposure*. Poster presented at Association for Psychological Science Annual Convention.
6. **Nesbitt, K.A.**, Cardenas, M.N., Pennington, M.L., Coe, E., Zimering, R., & Gulliver, S. B. (2021, April). *We are Family: Social Support as a Predictor of Resilience in Trauma-Exposed Firefighters*. Poster presented at the 14<sup>th</sup> annual meeting of the Baylor University Undergraduate Research and Scholarly Achievement Week, Waco, TX.
5. **Nesbitt, K.A.**, Mendenwaldt, J., Williams, E., Schnitker, S., (2021, February). *Social Responsibility and Self-Other Orientation in the era of COVID-19: Moderating Effects*.

Poster presented at the Society for Personality and Social Psychology Annual Convention.

4. **Nesbitt, K.A.**, Free, B., Lewin, R., Majeed, R., Dwyer, N., Brackens, S., Beck, J.G. (2020, November). *Does previous help-seeking moderate the association between positive problem solving and PTSD symptoms in adult women survivors of intimate partner violence?* Poster presented at the Association for Behavioral and Cognitive Therapy Convention Women's Special Interest Group.
3. Dupree, J., Strack, J., Cardenas, M., **Nesbitt, K.A.**, Pennington, M. L., Gulliver, S. B. (2020). *Availability of Online Mental Health Resources in US Firefighters*. Poster presented at the 36th annual meeting of the International Society for Traumatic Stress Studies.
2. **Nesbitt, K.A.**, Pennington, M. L., Dupree, J., Strack, J., Cardenas, M., Meyer, E. C., Gulliver, S. B. (2020, May). *Constraint as a Protective Factor Against Hazardous Drinking Behavior in Firefighters*. [conference workshop] Poster Presented at Baylor Scott and White Scholar's Day, Temple, TX.
1. **Nesbitt, K.**, Pennington, M. L., Dupree, J., Strack, J., Cardenas, M., Meyer, E. C., Gulliver, S. B. (2020, April). *Constraint as a Protective Factor Against Hazardous Drinking Behavior in Firefighters*. [conference workshop] Poster Presented at Baylor University Undergraduate Research and Scholarly Achievement Scholar's Week, Waco, TX.

## **MENTORED AD HOC REVIEWS**

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*Families, Systems, and Health*

## **TEACHING EXPERIENCE**

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**Graduate Assistant – University of Mississippi**

August 2022 – December 2022

Personality Assessment

Instructor: Stefan Schulenberg, Ph.D

**Teaching Assistant – University of Mississippi**

August 2022 – December 2022

Learning

Instructor: Carey Dowling, Ph.D

**Teaching Assistant – University of Mississippi**

July 2022

Research Methods in Psychology

Instructor: Mervin Matthew, Ph.D.

**Teaching Assistant – University of Mississippi**  
Social Psychology  
Instructor: Grace Rivera, Ph.D.

January 2022 – May 2022

**Teaching Assistant – University of Mississippi**  
Psychopathology: An Integrated Approach  
Instructor: Carey Dowling, Ph.D.

January 2022 – May 2022

**Teaching Assistant – University of Mississippi**  
Psychopathology: An Integrated Approach  
Instructor: Danielle Maack, Ph.D.  
Guest Lecturer: Health Anxiety

August 2021 – December 2021

## **CLINICAL EXPERIENCE**

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**Graduate Student Therapist**  
Psychological Services Center  
University of Mississippi

June 2022 - Present

## **SERVICE**

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**St. Jude Children’s Research Hospital – Memphis, TN**  
*Student Volunteer*

May 2018 – August 2019

- Greeted patients and families as hospital ambassador to attend to any needs and answer any questions
- Collected dirty wheelchairs and wagons from around the whole hospital and took them to be cleaned
- Distributed toys, books, and amenities to patients and their families on inpatient floors, the ICU, and the bone marrow transplant unit from the Happy Cart
- Supervised and planned activities, crafts, games, and movies to do with patients in the Imagine Room
- Entertained patients and their siblings with crafts, music, and games in the Child Life Playrooms

**Chestnut Mountain Ranch – Morgantown, WV**  
*Volunteer*

March 2018

- Served the staff of Chestnut Mountain Ranch by doing manual labor (painting, sanding, heavy cleaning) in a new school building under construction

## **HONORS AND AWARDS**

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University of Mississippi Academic Excellence Fellowship	August 2021
Phi Beta Kappa National Honor Society	April 2021
Baylor University Outstanding Psychology Student Award	March 2021
Baylor University Dean's List	January 2019 – May 2021
Psi Chi National Honor Society	October 2019
Tau Sigma National Honor Society	February 2019
Gordon College Presidential Honor List	August 2017 – May 2018
Gordon College AJ Gordon Scholar in the Global Honors Institute	August 2017 – May 2018

## **ADDITIONAL SKILLS**

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- Experience with R and SPSS for project statistical computing
- Experience with survey creation, distribution, and analysis in Qualtrics
- Experience with human subjects research
  - Completed CITI Ethics Training
- Experience with dataset management
- Experience with delivery of telehealth
  - Completed APA Telehealth Ethics Training
- HIPAA Training

## **PROFESSIONAL AFFILIATIONS**

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Society of Behavioral Medicine	March 2022 – Present
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